

Four Seasons

BREEZE

Magazine

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The Four Seasons Breeze Magazine is published by Four Seasons at Beaumont HOA & Image Up Advertising & Design
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*We wish every a happy & healthy
Fourth of July*

*From your friends at
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BUSY BEE A.J. REILLY P. 10



RESIDENT SPOTLIGHT ON PAT WAYNE P. 12

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The HOA Board of Directors meets on the 2nd Thursday of each month in The Lodge Ballroom. The Executive Session is at 9 am and the General Session is at 1 pm.

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At the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.

TO SUBMIT ARTICLES/PHOTOS: If you are submitting a monthly article or have a photo to be considered for an upcoming cover, please send to fourseasonsnews@yahoo.com. **ALL SUBMISSIONS ARE DUE BY 12 NOON ON THE SIXTH OF THE MONTH.** For more info, call Courtney at (909) 797-3647.

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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice-President

Summer is in full swing and our community is in full bloom as well. Please get out and check out the amazing community we all call home. In addition to the beauty, there are so many events throughout the summer. Please check your Daily Report/Activities Blast so you don't miss anything. If you are not already signed up to receive the Daily Report/Activities Blast, visit the Four Seasons website, or contact the management office.

Speaking of keeping in the know, do you remember the survey we took last year? Well, the committees and the Board of Directors listened to you and have been working to address some of your suggestions. We received suggestions for safety and facility use. Here is the update of what we have been working on:

1. Amphitheater – expansion is complete and we now have capacity for nearly 500. As a safety precaution, we did have the Fire Marshall inspect the area to clear it for use, so please come out and enjoy our summer concert series!

2. Amphitheater – rails were installed at the stairs for safer access when arriving and leaving

3. Amphitheater – request for a dance floor. We looked at this and determined there was not enough room to safely install a dance floor; however, we have added five dances this year to the Logia area where everyone can spread out and dance the night away!

4. Golf cart parking at The Lodge – several parking spaces were restriped to enable use by one car or two golf carts. We were able to accomplish this without losing any spaces by simply utilizing the space we already have. This is a win win!

5. Solar – we are currently working to install solar under a power purchase agreement (PPA) at all three of our facilities. This will ensure we can better budget power usage in years to come by knowing what to expect in terms of rate increases over the next 20 years

6. Ballroom sound – we are currently working on a trial to enable residents to listen to events in the Ballroom via their own Bluetooth headsets by downloading an app to their smart phone. Boy, are we

moving into the future!

7. Update Lodge – seating area by the fireplace was updated with new furniture and rugs and a new color scheme

8. Game Room chairs – new chairs were ordered and placed in the room with casters for ease of use

9. Movie Theater – all chairs were restuffed and recovered with leather to make it a more comfortable experience while enjoying the many movies shown each week

10. Access to the pool, salon, and RCN areas via the locked gates - while we did explore this suggestion, we determined it would pose several safety concerns. However, we are trying trial access to the RCN for card games only, whereby FirstService staff will open the gate, lock it, and reopen it for exit. This is being done in a controlled environment, and we will continue to look at other gate access to our facilities in the future

11. Resolve issues with builder – while we can't comment too much on this issue due to current litigation, on June 5 the Board President, Vice President and CFO attended a mediation meeting in San Diego. At this point there was no resolution with a court date set for July.

12. Music at the courts pool – speakers have been installed and you can now enjoy a variety of SiriusXM music stations

These are just a few of the suggestions we received and our hard-working committees will continue to explore many more. We will keep you posted throughout the year as we continue to make Four Seasons Beaumont the best and most beautiful community to live in.

The Board of Directors board meeting is held the second Thursday of each month at 1 pm in the Ballroom. Per civil code, we are unable to engage in conversation in this setting; however, if you would like to meet with Board members in an environment where dialog is allowed, our monthly Meet with the Board takes place the third Wednesday of each month in the Ballroom at 2 pm.

If you have any questions or concerns, please contact me at kathycravenbod@yahoo.com or at (714) 722-1301.



FOR UPDATES ABOUT FOUR SEASONS, GO TO FOURSEASONSBEAUMONT.ORG.

GENERAL MANAGER'S REPORT

By Eric Zarr, eric.zarr@fsresidential.com, (909) 991-8337

PROCESS FOR GATE CALLS In an effort to help streamline the process for adding guests to dwellingLIVE, the gate system, starting in October, owners can call The Summit or The Courts to add someone to their list. Owners always have the option of logging into dwellingLIVE themselves to manage their guest list. There is a link on our website at www.fourseasonsbeaumont.org. We understand that the comfort level for technologies varies greatly within the community. The Summit's phone number is (951) 769-6444 and the number for The Courts is (951) 845-4865.

CONSTRUCTION DEFECT CASE The construction defect case is ongoing. Members of the Board met with K. Hovnanian representatives for mediation in San Diego in early June. Unfortunately, that meeting was not successful. As it stands, there is a trial date in July but we anticipate that changing due to some docket changes with judges.

SLOW DOWN A reminder I give at each Open Session Board Meeting is to slow down. Once you are home behind the gates, speeding or not stopping at stop signs will only save you a few seconds of time. Speed limits are 30 mph on the Circle, 25 mph on all side streets, and 15 mph in parking lots. Please slow down and drive responsibly. Use the sidewalks if you're a pedestrian.

E-BIKES There have been multiple reports of e-bikes not following vehicle code. If you are riding an e-bike, you must follow all applicable laws, specifically stopping at stop signs. In an impact between a rider and vehicle, the rider is going to lose and we don't want to see that happen. Please be safe.

Meetings

BOARD OF DIRECTORS

Executive Session
General Session
Committee Chairs

DAY

7/13
7/13
7/10

TIME

9a
1p
10a

COMMITTEES

Architectural Review
Community Planning
Facilities
Finance
Landscape
Safety (includes EPC)
Social

DAY

7/5, 19
7/27 See Daily Rep.
7/12
7/25
7/18
7/6
Dark in July

TIME

8:30a
8:30a
1p
1p
10a

SUB-BOARDS

Canine Corral Council
Communications Board
Technical Operations Board

7/3
7/26
See Daily Rep.

10a
10a

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I LOVED THIS JOB!

For September's *Breeze*, we honor Labor Day. Do you have a memorable photo from your past career at home or at your workplace? Look for that out-of-the-ordinary day captured in a picture at your job and share it with our readers. The deadline to submit is Aug. 6. Email to FourSeasonsNews@yahoo.com and if you have any questions, please call Courtney at (909) 797-3647.



ATTENTION HOME COOKS!

FAMILY RECIPES WANTED

Do you have favorite family recipes that you or your family served either on special occasions or for everyday meals? Or perhaps you have a treasured heritage recipe that is part of your ethnic or cultural background? If you would like these recipes to live on, and are willing to share them, please submit a copy of the recipe to Irenewelker55@gmail.com. Include the recipe, your name, and telephone number in the body of the email. You may also include a picture if available. If you have any questions, please call or text Irene Welker at (951) 275-7081.

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Breeze
monthly
for updates

BANNING WAREHOUSE UPDATE

By Jerry Monahan, Board President

The court case involving the City of Banning, Creation Equality and the Pass Action Group (PAG) is still scheduled for Nov. 17, 2023. The judge in this case has been changed to Judge Harold W. Hopp instead of Judge Riemer. Judge Hopp has been on the bench since he was appointed by California Governor Arnold Schwarzenegger in 2005.

Judge Hopp has been reelected several times since his appointment by Governor Schwarzenegger, and has heard many civil cases including complex CEQA cases such as the case filed by the PAG.

On June 25, there was a Pass Action Group Town Hall held in the Sun Lakes Ballroom. Attendees were given information regarding the PAG case and the current financial position of PAG. The financial position is strong, but in the event of an appeal, additional funds will be needed. Donations continue to be accepted.

In the event PAG prevails in some of their causes, they may be assisted with current legislation. AB 1000 and AB 1748 are working their way through committees. It currently looks like AB 1748 will

make it out of committee to the full assembly. AB 1748 is the weaker of the two bills in relation to the PAG case, so it may be helpful.

AB 1000 is a bill that would require a 1,000 foot buffer zone throughout the State of California for warehouses. This bill has died in committee so far.

AB 1748 requires a 500-foot buffer zone for buildings over 400,000 square feet and this bill only affects Riverside County and San Bernardino County. PAG is very hopeful for the passage of this bill.

More information on AB 1748 as it proceeds forward hopefully in time for the court case that is pending.

Fundraising is ongoing. If you wish to make an online donation, it can be made at www.givebutter.com/passactiongroupbanning. Checks can be sent to the Pass Action Group at 4832 Crenshaw Circle, Banning, CA 92220.

The PAG Board of Directors thanks everyone who has supported and continues to support the efforts to stop the Banning Point Warehouse.

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From the Activities Director

By Cindy Graves

July is here with a bang, starting out with the Fourth of July Extravaganza, on, you guessed it ... the Fourth of July! The Golf Cart and Classic Car Parade will open up the festivities, lining up at The Lodge at 9 am with the decorated vehicle competition at 9:30 am and the parade starting at 10 am

From there, go into The Lodge and grab some delicious cook-out BBQ hamburgers and hot dogs and all the fixings from the Bistro. They'll also be dishing up ice cream sundaes all day. In the Ballroom, we'll have some live music and DJ Dave from 12 to 6 pm so bring your favorite beverages and your dancing shoes. Now get this ... for your added Fourth of July excitement, we're having some super fun vendors: there will be a 360 photo booth — if you haven't seen those, they are super cool and you get to send the final product to whomever you want to. There will also be a caricature artist (so that you can see how others really see you). Finally, we'll have my favorite, a henna airbrush tattoo artist. I'm told these tattoos are super realistic and will get a rise out of your friends and kids who never expected that YOU might get an awesome tattoo. I can't wait to try one of those on one of my "pure as the driven snow" appendages. The Lodge Pool will be open and decorated for your pool-party pleasure (kids from

1-4 pm). The Lodge will then be closed at 7 pm.

If you want to continue your partying, feel free to join us at The Summit to get a glimpse of the City fireworks starting at 9 pm. Be sure to bring a folding chair just to be sure you'll have somewhere to sit. The Summit will be open until 10 pm that night.

Summer outdoor movies have been a big hit, so this month's movie sponsored by the Amphitheater group will take place on Wednesday, July 12 at 8 pm down at the Amphitheater. The showcased movie will be *That Thing You Do*. It's a fun movie for all ages. Bring your snacks and drinks and don't forget a blanket or sweater.

On Friday, July 14, come on down as the HOA sponsors "July Jocularity, the Summer Humor Refill." It's a free comedy show with table seating. Tickets will be available at the front desk starting Friday, July 7. Bring your favorite beverages. Doors open at 5:30 pm and the show starts at 6 pm. You must have a ticket to get in.

Karaoke this month will be on Saturday, July 15 at 5:30 pm. Come and join the most popular KJ in town. What a great night it always is, enjoying your neighbor in song! Bring a special song to share or just come and applaud and encourage your friends.

Have a terrific July! I'll see you around The Lodge.



Fourth of July

8 am: Golf Cart Parade Begins

11 am: Lunch with The Bistro

11 am - 6 pm: Musical Entertainment

12 noon - 3 pm: Freedom Festivities including a 360° Photo Booth, Henna Tattoos, and a Caricature Artist

9 pm: Beaumont City Fireworks viewing at The Summit

Holiday Hours

- Management Office: Closed all day
- All facilities open at 7 am
- Lodge and Courts close at 7 pm
- Summit closes at 10 pm

Plus... more fun in July!

Sunday, July 2, 6:30 pm: Trivia Night

Wednesday, July 12, 8 pm: Amphitheater Movie Night:

That Thing You Do

Friday, July 14, 6 pm: July Jocularity: Summer Humor Refill

Sunday, July 16, 7 pm: Summer Concert Series

A.J. REILLY: A PURPOSE-DRIVEN RETIREMENT

By Andrea Henderson

What does a person do in retirement after spending a lifetime helping others? A. J. Reilly, RN and Four Seasons resident, decided that she needed to keep on doing what she has done her whole life — helping others and creating opportunities for others to do the same.

“I believe that if God has given you a talent, you need to share that knowledge with others in some way,” A.J. (Alva Jane) said.

She is not tending to the sick any more as a critical care nurse, but is assisting the residents of this community in such a way that when and if we need medical care, it is available quickly and expertly.

“Usually, I don’t tell people I am a nurse because, just like doctors, it elicits a litany of illness symptoms and medical history. And then one New Year’s Eve, after we’d been here a while, I got a call from my sister-in-law that my brother was at home with chest pain and refused to go to the hospital. I talked with him, and he was having heart issues that finally required a stint,” she said.

After two other incidents nearby, one resulting in a heart attack death, made her think that something was telling her that she needed to be more proactive. As a result, she is teaching Hands-Only CPR and AED classes the fourth Sunday of each month from 12 to 1 pm and 1 to 2 pm. Sign-ups are in The Lodge. The classes will include an explanation of the AED devices’ locations and a demonstration of how to use them.

A.J. will be using the manikins that she was instrumental in getting for the community. She came up with the idea for a contest to bring further awareness to the CPR classes. A Name-the-Manikin contest was held with the winner announced in the June issue of the *Breeze*.

“We had a lot of clever and funny entries, but the winning one has meaning for us as well as a creative name,” she said.

In addition to her work with CPR, A.J. is a part of a team of three Neighborhood Watch block captains, and has organized her block into an aware, friendly group of people. Her team has organized several block meetings to help residents get to know each other. She has even presented new residents with a box of lighted candy canes because she was instrumental in encouraging people to decorate their homes for the holidays with candy canes and other lights. They have won the best-lit street award for three years.

Not being kept busy enough, A.J. is on the newly-combined Safety and EPC committee, while outside the community, she’s a member of ChildHelp, an organization that works with foster children.

A five-year resident on Songbird Lane, she and her husband, Steve, moved here to be near children and grandchildren. She feels that they live in paradise and is certainly keeping busy here. She sums up her time here trying to “live a life with no regrets.”



A. J. Reilly, RN and CPR instructor



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DID YOU KNOW?

DID YOU KNOW

John Adams and Thomas Jefferson both died on July 4, 1826? These two famous signers of the Declaration of Independence both died on its 50th anniversary. James Monroe, the fifth U.S. president, would later die on July 4, 1831. Calvin Coolidge is the only president that was born on the Fourth of July.



DID YOU KNOW that plants can be gendered? The idea of “male” and “female” in plants is a bit mysterious to many people, and there are several variations on the theme throughout the plant kingdom. In plants, as with most animals, the male parts are associated with production of sperm, and the female parts are associated with eggs. Thus, in angiosperms (flowering plants) and gymnosperms (plants with “naked seeds”), the male structures produce pollen (which contain sperm), and the female structures have one or more ovaries (which contain eggs known as ovules).

Hermaphroditic plants have male and female parts together within the same flower. A majority of flowering plants are hermaphroditic. Some hermaphroditic plants are self-fertile (e.g. sour cherry, peach, and plum trees), while others still need pollen from other nearby varieties of the same species to produce fruit (blueberry, apple). Dioecious plants house their male and female flowers on separate plants. Examples include holly, kiwi, and asparagus. Monoecious plants can have male and female flowers in separate structures on the same plant. Examples include squash and cucumber. Get to know what you’re growing and find out what’s recommended for the specific plants in your garden. If you have a fruit tree or shrub with low or no yields, it could just be waiting for some “friends” to help it along.



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PAT WAYNE BLOOMS WITH CREATIVITY

Most Four Seasons residents have intersected with Pat Wayne. She is the fabulous president of our Performing Arts Group (PAC), whose latest production, *Remember When Rock Was Young*, was a three-day extravaganza. See the recap of the show on the following page.

Pat was born and raised in Chicago and still considers it her hometown. The Windy City has a special place in her heart. Pat has great affection and many fond memories of trips downtown to shop, eat, and explore all that Chicago has to offer.

Pat has always had an artistic bent. She remembers her mother used to buy her art supplies encouraging Pat, from an early age, to be creative. Pat's directorial debut was orchestrating a Mother's Day parade. She gathered all the neighborhood children, including her eight siblings, and used her persuasive skills to get them all to participate in the event. The kids paraded around the neighborhood as a salute to all the mothers. Pat had her younger sister stand up in a moving wagon, pulled by other children, while holding a sign that said "All mothers are Miss America in disguise."

Pat discovered a love for theater when her second-grade teacher gave her the starring role in a production of *Alice in Wonderland*. That love for theater became a passion in high school. Theater became her world and was the reason to go to school. It was in high school that Pat found two of her lifelong loves. She worked the stage in all the productions, and she met the person who several years later became her husband (he was 14 when they met and had the lead in all the plays). Rich and Pat have been married for 42 years

and have two very artistic children, Chris and Linsay.

After high school, Pat attended Knox College where she continued to expand her knowledge of all things connected to theater arts. Her major was Theater Lighting and Design. While at Knox, she enhanced her skills by becoming the director of a company called Second Stage. Pat applied to and was accepted at New York Brooklyn College, where she graduated with a Masters in Performing Arts Management. This led to a one-year apprenticeship working at Carnegie Hall. She then went to work at Circle on the Square on Broadway as the Assistant Director of the Theater School. Then she made a move into the not-for-profit arts, working with a theater in Boston, a dance company in Chicago, the arts council in Columbus, Ohio, and finally to the Orange County Performing Arts Center and Arts Orange County here in California. Her mentor at that job was Jim Thomas; they are friends to this day. Jim included Pat on a team that attended workshops on how to coordinate disparate groups, hear everyone, and coalesce them into a cohesive entity. This experience helped her get the job as Director of Create California. The focus of the Create program is to bring various groups, school districts, and other entities together to coordinate and organize their programs so they can more efficiently work together to provide arts education during the school day to all California students.

A direct result of the encouragement and mentorships that Pat received over her career was her decision to assist several school districts, including Beaumont, with their strategic plans. She continued to consult with

Riverside County Department of Education to support the school districts as they get ready to receive a large influx of funding under Proposition 28, The Arts and Music in Schools initiative. Both Beaumont and Banning will be receiving large funding allocations for the arts.

Not only is Pat the current PAC president, she is also Chairperson of the Garden Club, and is also working with our Board of Directors on a long-term plan for our community. She has been actively involved in the community since she and her husband moved into Four Seasons in 2015. One of her first volunteer stints was with the Community Planning Committee (CPC). Pat was inspired to volunteer her time because she wanted to be actively involved in the Four Seasons community. While Pat helps wherever and whenever she can, her heart and soul belong to theater arts. She directed "A Toast to the Tonys" in 2022 and from there she went on to work with all the other PAC leaders to increase the number of members and the quality of the performances. Pat feels that her role as president is to support the talents of each member of PAC and help enhance their skills in front of a live audience and behind the scenes.

And there is much more to come — big plans are already in the works or on the horizon; Tom Wasco will be directing a radio show in August and John Horning will be directing the holiday show in December. Pat is excited to support these two excellent directors.

What more can we expect from someone whose life motto is, "Laughter is the best medicine?" I guess we will have to wait and see.



REMEMBER WHEN ROCK WAS YOUNG? A SHOW TO REMEMBER!

By Cindy Graves

We've had many good in-house shows here at the Four Seasons. The Performing Arts Club (PAC) has entertained us for years, but this last PAC show was, by some resident's estimation, the best show yet! I sat down with show Director, Pat Wayne, to get an insider perspective of how this amazing show came about.

Evidently, after the successful show last May of 2022 (Toast to the Tonys) Pat Wayne and her PAC artistic team of Susan Youel (Musical Direction) and Anita Finkelstein (Choreography), came up with the show concept, *Remember When Rock was Young (And so were we) the 50's and 60's Music and Comedy Show*. In mid-January, auditions were called and prospective resident participants were asked to bring an appropriate piece for try-outs. There was so much talent displayed that the artistic team determined that they would include 40 residents as cast members. Nearly all of the audition songs were honored as show-worthy and became the core content of the musical. Janine Rohrbacker was then asked to join the artistic team to create the line dance choreography and the team was off and running!

Thanks to Pat Wayne's incredible professionalism (having come out of a theater background) as well as her rare ability to manage large groups of people with positivity, strength, and sincere support of the individual; the cast came into their very best form. Pat wrote the narration of the show which also included a "Vitametavegamin" commercial. Oh my gosh, what a great

idea that was, and what a great job Barbara Dipoma did playing Lucille Ball in that commercial — I haven't laughed that much in quite a while! The show's narrators, Tom Olsen, Lynette Smilac, and Mike Rokita, did stellar jobs with the introductions and commentary between the acts. Pat and her artistic team were right about the talent; the actors, singers, musicians, and dancers, kept the audience applauding, laughing, and singing along the whole time.

How wonderful it was to have the excellent organization in the back, behind the curtain, keeping things running smoothly. Thanks go to Stage Manager Colleen Van Nordheim, Assistant Stage Manager Claudia Rozzi, and Backstage Assistant Sybil Lewis. The Technical Crew component of the show was my biggest fear after the dissolving of the longtime, hands-on HOA Techies. Miracles do happen though and it turns out I had nothing to fear. Karen Belcher was able to create the musical tracks in the right key for each performer early on. Then the ever-brilliant Colin Taylor stepped up to do sound, along with Brenda Steckler and Dave Rohrbacker who coordinated the musical tracks with the words on a video monitor. Longtime PAC member John Horning taught himself stage lights and Rick Steckler jumped in to run the stage camera (and did a great job of it!). There are so many important people that make a huge show like this a hit, like the pianists, videographer, stage and set designers, and others, including Marianne Bugni, who not only sang and acted in the show, but helped as the PAC Coordinator. Every one of you involved created a first-class



show; one that Four Seasons will remember for a long time!

If participating in a theatrical production sounds like something you might like to do, keep your eyes peeled for the upcoming 2024 productions being planned now. Don't forget to come to the Performing Arts Club meetings announced both in the *Breeze* and the Activities Blast. This is a very warm and welcoming group and they'd love to meet you!

Amphitheater Concert

Everyone enjoyed Jimmy's Buffet at the Amphitheater.

Photo by Rhonda Louden



Disco Night



*June 2, Nightclub Disco 4 got everyone groovin'.
One resident clocked in over 20,000 steps*



Shimmy Mob

The Spring Awakening Loggia Dance Party on May 13 had a special appearance from the annual Worldwide Shimmy Mob Four Seasons dancers. They raised money to give a voice to the victims of domestic abuse.

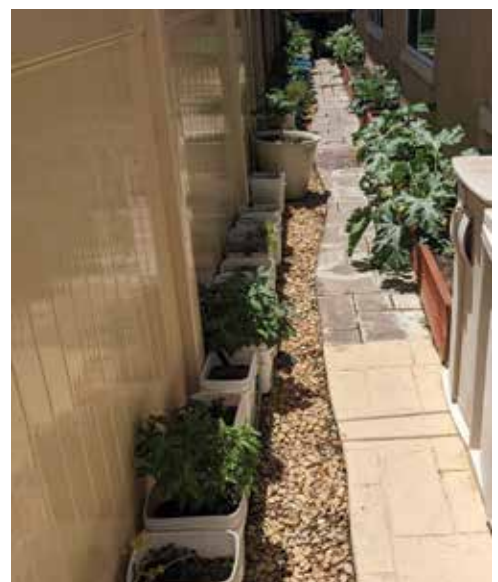


Italian Club

Barbara Dipoma with some Italian Club members on field trip to Little Italy and Old Town in San Diego. Great fun, great people, and great food! L-R: Mike, Debbie, Barbara, Linda, Marty, Pat and Colleen. Photo by Pete Levario



Garden Tour



Colin Taylor's side yard food garden showcased in May's Garden Tour. Photo by Rhonda Loudon

Oh, the Places We Go!

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to FourSeasonsNews@yahoo.com. While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



Celebrating my daughter's 40th birthday in St. Croix US Virgin Islands. Making forever memories! Submitted by Lori Molter



Bruce & Cecilia Lizotte at the Cullera Castle in Spain.

Margi and Jack Spies cruised to South America and Antarctica early 2023



At Iguazu Falls, Argentina - Garganta del Diablo (Devil's Throat), where the Iguazú River crashes down almost 80 meters.



On the Stanley, Falkland Islands - Bluff Cove Lagoon with King Penguins.

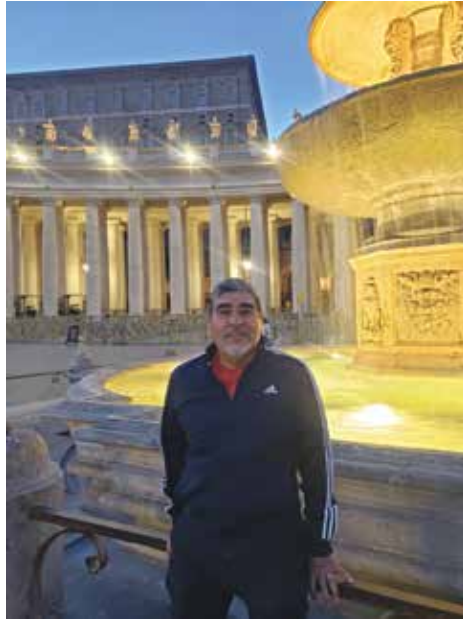


Laguna San Rafael, Chili - San Rafael Glacier.



Gennaro Lagdameo and Reubin Dator in Greece. Left is at Thebes, center is at the Parthenon, and right is at Santorini.

Oh, the Places We Go!



We began our month-long trip in Portugal, then onto Spain, and ended in Roma, Italy. So many cathedrals, ruins, and history. Enjoyed huge Lemoncellos in Capri. Drove the Amalfi Coast and stayed in Sorrento. Took in Pompeii and of course St. Peter's Square, the Vatican, Sistine Chapel, and the Bacilia. Loved Venice and Madrid and the Prada. Such an educational trip to Europe for our first and hopefully not our last visit to Europe. ~ Joe and Dianne Martinez

.....



Phillip Westbrook at the Monument of the Discoveries. From 15th - 16th century, sailors of Portugal on the northern bank of Tagus River in Lisbon helped enrich its power through trade and colonization.



Elizabeth Westbrook in Istanbul with the Sultanahmet Mosque (Blue Mosque) in the background



Elizabeth at the The Grand Bazaar of Istanbul, established by merchants in 1481.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 International Social Club 12p Trivia Night 6:30p	3 Life After Loss African American Cultural Club 1p 6p	4 <i>See page 9 for more</i> Golf Cart Line Up 9a Golf Cart Judging 9:30a Golf Cart Parade 10a Lunch at Bistro 11a Music 11a Freedom Fun 12p Firework Display 9p	5 Motorcycle Club 6p	6 Photography Club 6:30p	7 Seasoned Solos 6p	1 Cars & Coffee 9a Heart & Soul 10a Jewish Club 5p 8 Private Events at the RCN and the Ballroom All Day
9	10 Book Club 9:30a Neighborhood Watch 10a Computer Group 10:30a Writer's Club 1p	11 4x4 Club 6p	12 Movie Night at the Amphitheater: <i>That Thing You Do</i> 8p	13 BOD Exec Session 9a BOD Gen Session 1p Italian Amer Club 6p Classical Music Group 7p	14 July Jocularity: The Summer Humor Refill 6p	15 Travel Club 10a Karaoke 5p
16 Summer Concert Series: Britain's Finest 7p	17 Life After Loss 1p	18	19 Meet with the Board 2p Int'l Social Club 5p	20 Taste d'Vine 6p	21	22 Private Event in the Ballroom All Day
23 CPR Class 12p	24	25 Classic Film Group 6p	26	27 Veterans Group 10a	28	29 Private Events at the RCN and The Summit All Day
30 Private Event at The Summit All Day	31	<div>JULY</div>				<div>The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest info if you have any questions or concerns.</div>
<div>Calendar changes? Complete a Schedule Change Request Form, found on the website or at the The Lodge front desk, by the 6th of the month to make it in the following month's calendar.</div>						

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel, or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Shuffleboard	Daily	Open
*Beginners Conditioning	T/Th/F	8:30a
*Total Body Conditioning	M/W	8:30a, 9:30a
*Kickboxing Cardio	Sat	9:30a
*Chair Yoga	W	5p
*Water Aerobics (pool closed during class)	M/W/F	10a
	M/W	11a
*Yoga	W	6p
*Zumba	T/Th	9:30a

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	Open
FSTTC	M-Sat.	1p
AFSTTC	T	10a
*Yoga	T/Th	8:30a
*Pilates	M	8a
Water Volleyball (pool area closed during play)	T/Th/Sat.	11a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open Swim
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Cornhole	T	5p

DANCE

Let's Dance! Free Practice	M	6p
*Let's Dance! Beginning	M	6:30p
*Let's Dance! Intermediate/Advanced	M	7:05p
Country Line Dance Beginning	T	2p
Country Line Intermediate	T	2:45p
Country Line Advanced	T	3:30p
*Heart & Soul	W	4p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd/4th F	1p
Handbell Choir	Th	1:30p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
*Mixed Media Art	M	10a
	W	6p
Men's Bible Study	T	9a
PAC	2nd M	6p
Photography	1st Th	6:30p
Quilting Enthusiasts	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30a

Activities

Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	Daily	1p
Advanced	T	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M	9a
	Sat	9a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	12p
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	5p
Hearts	T	6p
Mahjong	F	10a
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Pinochle	M/W/F	9a
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p

*A fee may apply for activity

NEIGHBORHOOD WATCH & COMMUNITY AWARENESS

Our June 2023 meeting at The Lodge Ballroom featured Andrea Merrill, Environmental Health Technician from the Department of Environmental Health, County of Riverside.

Andrea spoke about two mosquito species not native to California that are spreading throughout the state. They are of concern because they bite aggressively during the day and are capable of transmitting diseases, including Zika virus, dengue, Chikungunya virus, West Nile virus, and Yellow Fever. As Andrea said, early detection can control them. Thank you Andrea Merrill for a very informative presentation. For additional information, please contact Andrea Merrill at ARMerrill@rivco.org or (951) 766-9454.

On July 12, 2023 Dr. Karan Singh, Chief Medical Officer for San Geronio Hospital will be our guest speaker. He will discuss the vision of San Geronio Hospital, and the current medical issues our community is facing.

Dr. Singh has been a guest speaker here before, and has provided excellent information in those presentations. He is extremely busy and in high demand as a speaker and we were fortunate our Steering Committee was able to get him scheduled for a presentation in The Lodge Ballroom at 10 am.



Then on Aug. 9 at 10 am in The Lodge Ballroom we will have a representative from Homeland Security to discuss how to avoid becoming a victim of scams, and will actually cover various types of scams that specifically target the elderly population. The representative will be presenting a slide show during the presentation.

Please put the dates on your schedules and plan to attend these informative presentations.

Thank you to our Block Captains and to our Neighborhood Watch members for all you do to keep our community safe.

Please slow down, stop at stop signs, and yield to vehicles in the roundabouts. The speed limit on Four Seasons Circle is 30 mph, 25 mph on residential streets, including Green Creek Trail, and 15 mph in alleys.

We have had several motor vehicle accidents where the vehicle left the roadway and struck a pole, tree and, on occasion, both. Luckily, no one has been injured, but the potential for serious injury is real. Please be careful when driving through our beautiful community. ~ Jerry Monahan, (951) 212-8898

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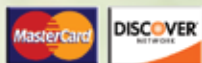


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ARCHITECTURAL REVIEW COMMITTEE

Architectural Review Committee (ARC) members are frequently asked questions by homeowners who don't want to make a formal application or who don't want to "bother" the management office.

While ARC members are willing to answer generic questions, we can't grant a homeowner permission to make any changes or approve any application except during a regularly scheduled meeting. Every application requires approval by a majority vote of the full ARC Committee. Every application is thoroughly reviewed and discussed by the members before a vote. Our meetings are open to all residents and the Committee welcomes all homeowners to attend – even if you don't have an application pending or a question to ask.

Here are a few of the questions that have been asked recently:

Q. I want to paint my house using the same colors as it currently is. Do I need ARC approval?

A. Yes, every exterior paint project requires ARC approval except small touch ups where only a small section of the house is painted.

Q. Is ARC approval required to install security or motion lights?

A. Yes, any addition of a new fixture requires approval. Motion lights and security lights may only illuminate doorways and must automatically shut off after a short period of time. Motion-detector

lights must not illuminate neighbor yards, common areas, or streets.

Q. Can I have a free-standing patio cover?

A. Yes, however freestanding patio covers must meet Beaumont city building codes and may not exceed 9 feet from the ground to the peak of the patio cover.

Q. Can I enclose my patio with walls or screens?

A. No, enclosing a patio is not permitted. You may install shades, curtains, or screening that is not permanent and capable of being fully opened. All such material must be opened at night.

Q. May I install planter boxes?

A. Yes, however any permanent (stone, block, brick, lumber or other) must have adequate drainage.

Q. Can I park my boat, golf cart or a car in my back yard?

A. No, vehicles may not be in side or back yards nor is side or back yard access for vehicles allowed. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**



LANDSCAPE COMMITTEE

Happy July! Summer is in all its glory and we are all enjoying our beautiful community. Driving through Four Seasons, one can see the beautiful plantings the Landscape Committee has designed and carried out throughout the winter and spring months.

One of the most stunning locations is The Courts. When in full bloom, it is absolutely breath taking. We have worked our way around Four Seasons Circle, replanting while being good stewards of the environment, and have now reached the Breckenridge area heading to The Summit. This particular area was planted by the builder in an attempt to be water wise, however, it is not very esthetically pleasing. We are currently working with Park West and their designer to give this area a new and improved look.

Keeping in mind the builder was working in the community for 14 years, and over that time water restrictions changed. This explains the difference in scenery while traveling Four Seasons Circle. With that said, we are working to bring uniformity to this area; a look that will be both beautiful as well as water wise utilizing several different planting methods.

In future articles, the Landscape Committee will provide status on what we are working on to keep everyone informed of our progress. If you have any questions or concerns, or even a suggestion, please use the Landscape Issues link from the Daily Report to contact us.

Landscape is always looking for new members. If you have a desire to contribute to the beauty of Four Seasons, then this is the committee for you. We meet every third Tuesday at 1 pm in the RCN Conference Room. We walk every Friday at 7 am during the summer months and 8 am the rest of the year. Please come to a meeting to see if this is a good fit for you. You might enjoy it! ~ **Kathy Craven, kathycravenbod@yahoo.com**



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CANINE CORRAL COUNCIL



(L-R) Indy and Rocky playing

Rocket here. It has been a while since I wrote an article for the *Breeze*, so let me reintroduce myself. I am now three years old, and I am a chihuahua/husky/Jack Russell terrier mix. I love running free in the Canine Corral, especially if there are some of my canine friends there. The play equipment is so much fun with ramps and steps to climb and tunnels to run through. The picture with this article is me playing with one of our newer members, Indy.

Play times can be any time from dawn to dusk at the Corral, but we have set times each week for members to get together when other dogs will be there as well. It's much more fun if I can run with my friends! During the heat of the summer, we meet at 7 am on Saturdays and Sundays. Remind your humans to contact other members to set up additional play dates if these times don't work for them.

We had our Spring Yappy Hour last month at the Corral to encourage new membership. It was a great success. Please encourage your human companions to get your membership so you, too, can enjoy the freedom of an off-leash area and socialize with all the other dogs in our wonderful community. It is good for our humans also. All it takes to become a member is for your humans to pick up an application at The Lodge, fill it out, attach the documentation requested regarding sterilization status, vaccines, city license, homeowner's insurance (just to show that the policy does not contain any breed exclusions), and, of course, a selfie of you. We now have 40 canine members of the Corral, and I hope you will consider joining our fun group.

Hope to see more of you real soon at the Corral!
~ Rocket, lynnj92223@gmail.com

CONSERVANCY

An inspection of the area east of the windmill, which is sometimes called "The F Trail," was conducted on June 6. The extensive rains of this winter have encouraged early and extensive growth in the area. Particularly important is the rapid growth of grasses in the open area and undergrowth in the creek bed. In addition, there are numerous broken tree limbs. There appears to be a significant concern about wildfires throughout California and our conservancy fits the narrative. Residents need to be super cautious in walking the trail, especially with guests who are not aware of our situation. ~ **Len Tavernetti**, ltavernetti@hotmail.com



SOCIAL COMMITTEE

We will be off July and August, but we will be back on Sept. 16 for an exciting event — *Tribute to Barbra Streisand: Hello Gorgeous!* Tickets go on sale Aug. 14 at 9 am in The Lodge Ballroom. We will give you more information in the August *Breeze*.

Have a great summer and be safe. We appreciate everyone's support. ~ **Loretta Ramsey**, lorettaramsey@aol.com, (714) 803-6744

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SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

Driving and pedestrian safety remains one of our major areas of concern. Remember while driving in our neighborhood, the speed limit on Four Seasons Circle is 30 mph, while the speed limit on our residential side streets is 25 mph. While walking, be mindful of vehicle traffic on the streets and stay on the sidewalks whenever possible. If you need to walk in the street, always walk facing the opposing traffic, and, if in a group, walk single file.

SILENT ISCHEMIA aka “A Silent Heart Attack.” A Review ...

Last month in the Safety Committee’s *Breeze* article, we discussed the causes, signs, and symptoms of a heart attack. We learned that coronary heart disease, which occurs when the blood supply to the heart is suddenly interrupted, is a common cause of heart attacks. While chest pain was once thought to be a universal symptom of heart attacks, symptoms may vary based on several factors including gender, age, and health of the individual. We also learned that early response and treatment for a heart attack helps reduce heart muscle damage.

A silent heart attack, also called a silent ischemia, is a heart attack which has either no symptoms, minimal symptoms, or unrecognized symptoms. Cardiac ischemia happens when an artery becomes narrowed or blocked for a short period of time, preventing oxygen-rich blood from reaching the heart. If ischemia is severe or lasts too long, it can cause a heart attack.

A routine EKG at your doctor’s office may be the first notification you have had a silent heart attack. Follow-up diagnostic testing is important to help prevent future damage to your heart.

Minimal symptoms of a silent heart attack may include:

- mild symptoms of indigestion
- flu-like symptoms
- sore chest muscle
- prolonged fatigue
- ache in your jaw, neck, or arm

In comparison to the silent heart attack symptoms, traditional heart attack symptoms include severe chest pain, shortness of breath, light headedness, cold sweats, nausea, and vomiting.

Remember to listen to your body. If something doesn’t feel right, seek advice from your health care professional.

Know your numbers. Your weight, blood pressure, cholesterol levels, blood sugar levels, and minutes of exercise per day/week are

all numbers we should work on.

Regardless of gender, you will reduce your risk of developing heart disease if you:

- Know the risk factors for heart disease
- Talk to your doctor about cardiovascular screening based on your family history and risk factors
- Quit smoking
- Exercise daily
- Find ways to reduce stress
- Maintain a healthy diet

***NOTE: The July “CPR SUNDAY” will be held on July 23, with a class from noon to 1 pm, followed by another class from 1 to 2 pm. A sign-up sheet can be found on the clipboard by the Theater in The Lodge Lobby.

In addition to the CPR Sunday classes, you can also call, text, or email A.J. Reilly to set up a class: (951) 522-9975 or reilly58@me.com

As a reminder, the Safety Committee meets on the first Tuesday of each month at 10 am in the RCN Conference Room. We encourage you to join the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. Please drop by if you are interested in joining the Safety Committee. We are always looking for energetic new members. All the best. ~ **Frank Hilberg**, hilbergfrank@gmail.com



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FACILITIES COMMITTEE

Summer is a great time to enjoy a good movie while relaxing in the new theater seats, heading out to unwind under the replaced canopy in The Lodge pool area, or getting in shape using the newly added rowing machine in The Lodge! Other fun activities here at Four Seasons include spending time in the newly refreshed Game Room. All these projects have been overseen by the volunteers of the Facilities Committee.

You may see Facility Committee members this summer as we prepare to venture out into the community to survey facility needs. If you see us, say hi!

The Facilities Committee meets the second Wednesday of each month at 8:30 am in the RCN Conference Room. For more information on the Facilities Committee, you may contact Lila Bonner at ladybonner@msn.com. ~ **Lila Bonner**

FINANCE COMMITTEE

The Finance Committee now has a full staff of committee members. I would like to thank these homeowners who take time out of their days to work for the community on the Finance Committee. It takes time and commitment so please give these members a big thank you. I would not be able to run this committee without their input.

During the Finance Committee's regular monthly meeting, the financial statements for April 2023 were reviewed and recommended for Board approval. In addition, the Committee reviewed five expenditure proposals, and reviewed investment recommendations to move maturing investments to higher yield FDIC insured instruments. Highlights of the April financial statements are: Total Cash is \$12,054,814 including operating cash of \$2,228,375 (checking and CDs) and reserve assets of \$9,826,439. Our total year-to-date income is \$285,616.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings that are held on the last Tuesday of each month. Our next meeting will be Tuesday, July 25 at 1 pm in the RCN Conference Room. The Finance Committee reviews and discusses many issues that you may have questions about, and we welcome those questions. I encourage all residents to become more familiar with the finances of our fantastic community. We would love to hear about your concerns and encourage you to share them with us. Attending a meeting only takes a little time and will give you a better understanding of how we operate. Come and join us in making this a thriving vibrant community.

If you have any questions or concerns, contact Jolene Cooley at joleneaudit@gmail.com. ~ **Jolene Cooley**

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WIRELESS CHEESEBURGER (AND STEAK AND CHICKEN) IN PARADISE

THERE'S
AN APP
FOR
THAT!

By Steve Benoff

I hate last-minute deadlines. So, I try to have projects done well in advance. This, of course, applies to my monthly apps column. Sometimes I write an article almost a year before publication. That has obvious downsides as can be seen (actually you can't see it since this is the revised version) in this current piece which was written before I discovered a second app that obviates the first. But I've included them both here.

I wonder what your idea of a wireless device is. A device without any wires, right?! Well, if you thought that, you would have been wrong. (A repeated reference to Tom Hanks' *Joe Versus the Volcano*.) For example, having been in the home electronics business for more than 40 years, I get a kick out of the term wireless speakers. With the exception of Bluetooth battery-powered speakers, there are no wireless speakers. A speaker either requires a two-conductor wire connected to an audio amplifier or a power cord to power an on-board amplifier and Bluetooth receiver. In very rare occasions, I've seen speakers that require both. It's true today's wireless speakers don't need speaker wire, but they do require a power cord. Of course, having spent four decades installing speaker wire in the crawl spaces, walls, and attics of hundreds of homes, I'm glad I don't have to compete with these wireless speakers.

But it's not speakers that sparked the idea for this column; it's the wireless thermometer I bought last year. Would you not agree that a wireless thermometer is a thermometer without wires? I thought that when I ordered one from Amazon late last year. Because of the weather, I didn't open the package until spring. It was then (too late to return it) that I discovered the thermometer indeed has wires.

So, what's the wireless part you may ask. It's an app. It's called EasyBBQ, and I downloaded it in a way that was unique for me. I could have gone to the app store and entered the name. But the thermometer instructions came with a QR code which I scanned with my phone's camera app, chose IOS, and the app downloaded in an instant. (By the way, on reflection, in the future I'll stick with the app store. You never know the curious ways deceitful people use to infect your electronic devices. I think it's safer to use the Apple or Google store for downloads.)



But before I could test it, I had to deal with a big problem. My barbecue had reached its "sell-by" date. It had two operating temperatures – very hot and extremely hot. So, I bought a new one which actually had an excellent temperature range.

As an experiment, on consecutive days I cooked two steaks, two burgers, and two chicken breasts. Using the EasyBBQ app, I

was able to cook every piece to perfection (if I do say so myself). The temperature alarm works great once the clueless operator figures things out. But when you come right down to it, EasyBBQ is just a fancier version of a wired cooking thermometer with a helpful app. If this thing qualifies as wireless, so does every device that has an app. That includes my Kindle, my hearing aids, my sprinkler system, my scale, and dozens of other things in my life.

Thankfully, my son-in-law showed me a truly wireless cooking thermometer. He brines his turkey at Thanksgiving and smokes it in his backyard in Brooklyn. He showed me his Meater thermometer. It looks like a fancy Cross pen. It sits in a very nice battery-powered wood charging case when not in use. But without the Meater app, it's useless.

I've tested the Meater truly wireless thermometer in the oven and barbecue. It works great. The probe can connect via Bluetooth, WiFi, and even to the Cloud. The app is very well designed. It has preset temperatures for just every kind of food you'd cook in an oven with different settings for various degrees of doneness. You can also set your own desired temp if you want. The app shows the ambient temperature of the oven or BBQ and the internal temperature of the food you're cooking. It has a countdown timer that makes rough prediction of when the food will reach the assigned temp. Incidentally, as nice as these two devices are, I always confirm their readings with a standard meat thermometer when it's time to take the food out of the oven or off the grill.

So, while EasyBBQ doesn't meet my description of a truly wireless device, Meater definitely does.

If you use an app you'd like to share with others, let me know at steve.benoff@verizon.net.

Sudoku

If you are a beginner at playing Sudoku, here is a brief tutorial.

Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at rwgeiser12@yahoo.com or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on Page 70

	8							
			4	6	1			
		5	8			6	2	
		2				4	1	
	7	4	1		9	8	5	
	9	6				3		
	2	8			4	7		
			9	7	5			
							4	

MEDIUM

		7			3		4	
2					5			
	4		1			2		5
	9					8		
	2						6	
		1					7	
1		9			6		8	
			2					1
	7		9			4		

EASY Try working the easy puzzle with no pencil marks

		9	8		6			
4			3				2	
2				9			4	
			9		7		3	5
6	8	2		5		7		
		4			1			7
	6					9		2
				2		1	4	

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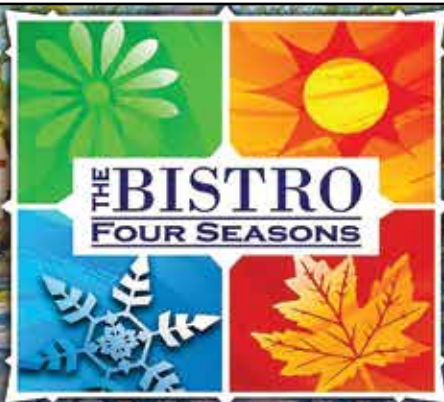
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Summer Forecast: Walking On Sunshine Or Singin' In The Rain?

The weather for the first half of 2023 has been anything but normal. The winter produced above average precipitation and colder than normal temperatures, while the spring months have bounced back and forth from above normal temperatures to below normal temperatures. In addition, monsoonal moisture from the tropics, which typically tends to occur in July and August, produced showers and thundershowers over the mountains in May.

Given these anomalies, what will the summer months be like? The National Weather Service's Climate Prediction Center looks ahead to the upcoming months, and their outlooks for temperature and precipitation are shown below in Figures 1 and 2. Temperature-wise, the outlook is leaning toward above-normal temperatures, while the

precipitation outlook is rated for "equal chances" of above or below average precipitation. The latter is interesting because it indicates that monsoonal thunderstorm activity, while anomalously active in May, will likely be more typical of a thunderstorm pattern this summer.

Another thing to watch for is an El Niño condition which generally produces above-normal precipitation. Current indications are for the development of El Niño toward the fall months, so while the summer months may be more normal, the potential for a late fall and winter active rainy season may be brewing. More details will be provided in three months when the fall season outlooks are provided.

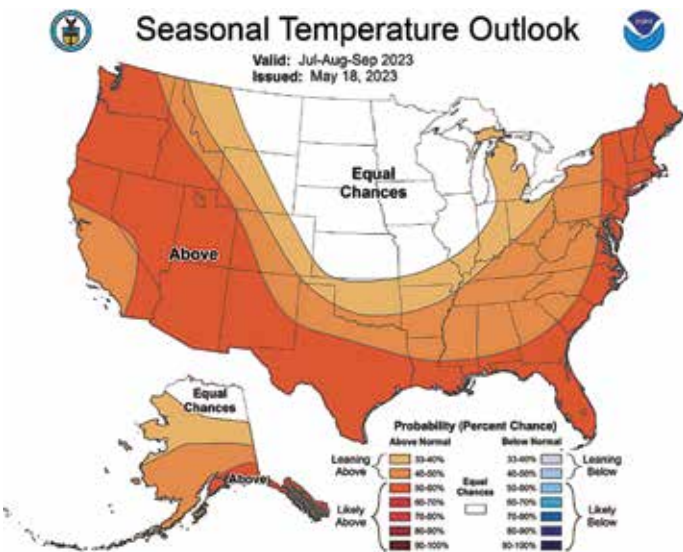


Figure 1. Temperature outlook for summer

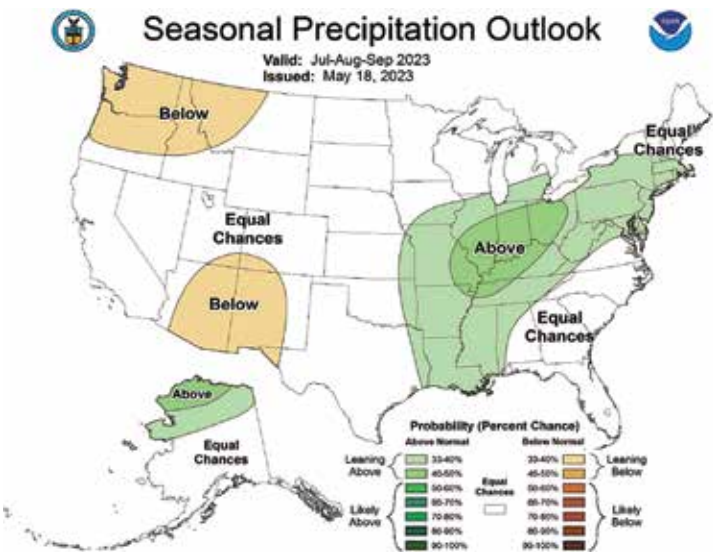


Figure 2. Precipitation outlook for summer



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LIVING ON THE GRID

By Bruce Hammett

Hello Four Seasons neighbors and friends. I have been active in the modern Renewable Energy (RE) field as a business owner since 1982. I want to give you a glimpse of the history, status, and future of RE as the community-approved solar system begins construction this summer. I will build on my personal experience in wind and solar energy development based in Palm Springs then extrapolating it worldwide.

How we electrify our homes: All around us are massive electrical towers and lines providing electrical energy. Nationally, these electrical lines create a massive reservoir of stored electrical energy which generation companies across North America feed into, and utilities take out of, to provide to end-users like us. We see Southern California Edison (SCE) lines traverse above us, never touching down in our community. But each of our homes is ultimately connected to them so we can turn on the lights and air conditioners. Feeding into the electrical reservoir are massive energy manufacturing facilities that include nuclear plants, coal plants, natural-gas generating plants, oil-fired generating plants, water reservoirs with dams, and, of course, those large-scale wind energy and solar energy plants popping up everywhere.

Also part of this feed-in are the small house solar systems many of you use, and the soon-to-be-completed Four Seasons multi-point solar array.

The key separator between each of the sources is the financial ownership along the way. You may own your tiny little solar generator on your roof, but thousands of miles away there is a utility that owns the dam or coal plant, or the massive wind and/or solar system whose electrons are shared on the same overhead lines we see everywhere. The electrons in the wires don't care where they came from but respond when you have flipped a switch and want to consume the electrical power therein. And there is the magic. There is a flow of Volt-Amps, or WATTS moving through your SCE-meter into your house allowing SCE to financially charge you per kilowatt-hour for the amount of energy you consume. And there are kilowatt meters at the generators measuring the amount of energy being delivered into the lines as well. That divides the ownership of the energy at all points along the way from the generator to your kitchen light.

Alternating Current (AC) or Direct Current (DC) Electricity: DC is typically of no use inside your house as utilities deliver energy in an alternating current, a form which includes a frequency component.

Our North American conventional generation is at a 60-cycle frequency, and our typical residential voltage is 120 volts with most of our consuming products, or 240 volts with our larger consumers like air conditioning and stoves. Much of the world uses 50-cycle frequency and standardized at 240V. In general, higher voltage allows more power with lower amperage allowing smaller wire to be used. The wires in the underground neighborhood distribution in Four Seasons are over 12,000 volts and a very few amps, but there are many transformers within each neighborhood group to provide our 120/240.

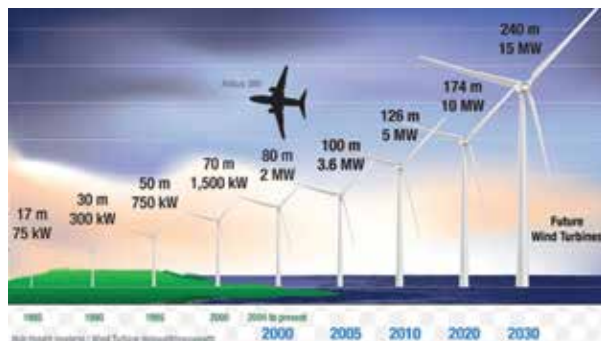
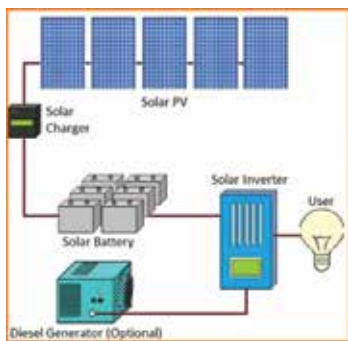
How does renewable energy fit in? Increasingly, larger wind turbines constructed on land and in the sea develop AC energy by turning wind into rotating mechanical power which is used to turn a generator to feed the grid. Solar panels use the power of the sun to convert the energy into DC energy which is converted to AC through use of relatively modern inverter technology. Dams use the power of flowing water and underground steam is used to develop AC energy, turning a water wheel into rotating mechanical power, similar to a wind turbine. And wave-generated electricity is a growing technology.

Without immediate consumption, it all goes to waste without a system to store it. The national rush is on to create new methods of storage on utility scales, but today we are beginning to see local large-scale storage in many forms, the best known being conventional batteries like in some of your homes, your cars, and huge utility battery systems.

The Coachella Valley is a utility-scale mecca for all types of generation and continues to expand throughout Southern California feeding the national grid. Wind farms, solar farms, hydro and steam generation, as well as large-scale battery plants are just off the freeway in our backyard. Solar panels populate our roofs and are accompanied by an increasing number of personal battery storage systems. Our Four Seasons solar system will help strengthen the Southern California grid.

In the process of this series of articles, I will differentiate the methods of generation and the cost transfer so that you will better understand the world of RE. Eventually, I'd like to have field trips to the Palm Springs area renewable energy facilities for a firsthand, up-close, and personal tour to see what it is all about.

This article has been condensed for the space. To read the complete article, go to fourseasonsbeaumont.org and click on "Wind Energy."





Joni's Tuna Pasta Salad

My sister, Joni, makes one of the best tuna pasta salads I've ever had. This dish is easy to make and will serve a crowd. Elbow macaroni, any size, is traditional, but you may use any small pasta such as bowtie, penne, ziti, etc. You can also switch up the salad dressing; a nice bottle of creamy Italian or a coleslaw dressing also works well. I did not have sour cream on hand so after draining the pasta I put it in a bowl and added 1/3 cup apple cider vinegar to the hot pasta, which I let sit for about 20 minutes to absorb the flavor. I then substituted 1/2 cup milk for the sour cream. Serves 10-12; prep time 5 minutes; cook time 15 minutes; chill time 1 hour; total time 1 hour, 20 minutes.

INGREDIENTS

- 16 ounces small elbow macaroni
- 12 to 14 ounces canned tuna in water, drained
- 3 hardboiled eggs, chopped
- 3/4 cup red onion, finely diced
- 2 stalks celery, finely diced
- 1 cup mayonnaise
- 1 cup sour cream
- 1 Tablespoon yellow mustard
- 2 teaspoons salt free seasoning
- 2 Tablespoons dried dill weed
- Salt and black pepper to taste
- 3 Tablespoons sugar, optional (use if you like a sweeter taste)

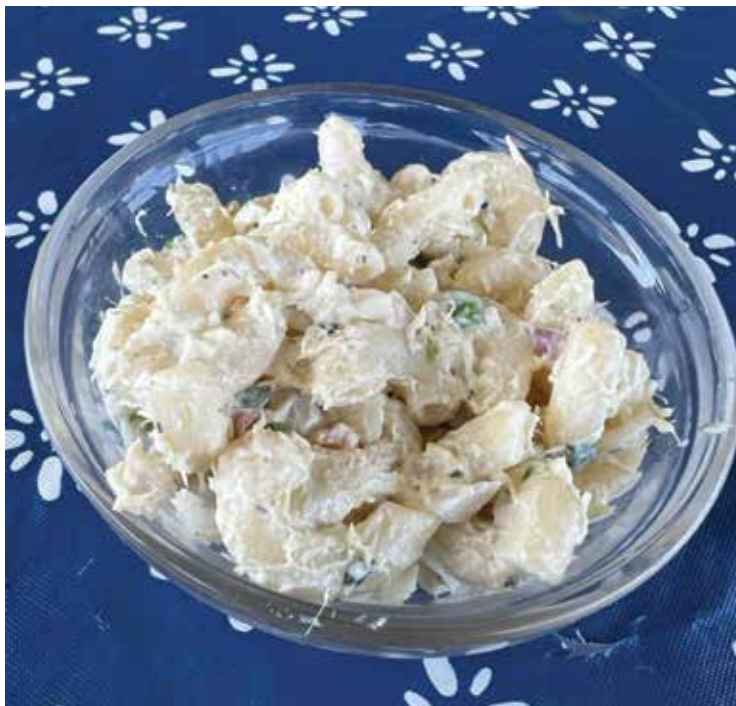
DIRECTIONS

- Cook pasta in a large pot of salted boiling water for 10-15 minutes, according to package directions. Drain cooked pasta and set aside to cool.
- Place drained tuna in a large bowl and break into small pieces. Mix in eggs, onion, and celery. Set aside.

For dressing:

- Place the mayonnaise, sour cream, mustard, salt-free seasoning, and dill in a medium bowl. Mix well. Add salt, pepper and sugar, if using. Mix until well combined.
- Add cooled pasta to the large bowl with the egg/tuna mixture. Pour dressing over contents. Stir to coat all ingredients evenly. Cover and refrigerate for at least an hour. Serve

NOTE: If the salad will be refrigerated longer than an hour it may dry a bit because the pasta will absorb the dressing, therefore, if you plan on keeping it refrigerated for longer than an hour, reserve some of the dressing and add it to the pasta prior to serving.





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EXPRESSING GRATITUDE

\$825! Because of you, Four Seasons, this is what our Team Four Seasons Shimmy Mob 2023 team collected for the SAFE Family Justice Centers (safejc.org) and that doesn't include the online donations. We had a rough start with many hurdles but we pulled it together at the 11th hour (whew!) to get it done. Thank you African American Cultural Club for your sponsorship. Thank you Sarah Meier, Lilly Staiti, and Kathy Craven for helping to tie up loose ends. Thank you to the small (but mighty, mighty generous) group who braved the afternoon heat to support us. You potentially saved a life simply by showing up. Thank you Cindy Graves for inviting us to the American Made concert for an encore performance and access to more generous donors. There are not enough words to express our appreciation.

With gratitude, Team Four Seasons Shimmy Mob 2023

A big thanks to all who participated in the Pop Music Bell Concert and the "Remember When Rock Was Young" concert. We appreciate you all sharing your time and talents to entertain us. A.J. & Steve Reilly

The Bistro staff are very kind! They helped us get our food with kindness and patience. Anonymous

I'm grateful to Roger Dudley for all his help with soooo many things, but mostly for his friendship. Becky

I would like to express my gratitude to Mike from Maintenance for the help that he gives behind the scenes fixing anything that's broken in a timely manner. He helps the staff open The Lodge early in the morning and I think he's the best! Anonymous

A sincere thank you to the eight homeowners who opened their gates to the garden tour. Each site was a favorite for various reasons. How generous you all were to allow your neighbors an inspirational peek into your beautiful gardens! Anonymous

A big "shout-out" to all of you walkers in the community who stay on the sidewalks! It makes me feel much more comfortable as a vehicle driver maneuvering through our streets safely. One of your neighbors



I am truly grateful for the amazing FirstService Residential team here at Four Seasons Beaumont, and so enjoy the promotional videos put together featuring Luke. What a sport! And such a fun way to promote events on property. Thank you, Rorie Snyder

If you have seen an act of kindness or have received one, please share with the community. Let's spread gratitude! Email your gratitude to FourSeasonsNews@yahoo.com or go to The Lodge Lobby and fill out a gratitude note and put it in the box marked "The Box of Gratitude." Thank you.

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CARS & COFFEE

The June Cars & Coffee was fantastic, with more than 30 cars, trucks and hot rods and their owners showing up (photo at right, top). We're enjoying the warm weather and Corvettes made a strong showing, as they do every month.

Bobby Morales showed up with his good-looking, 1956 white Ford Custom Line, two-door hardtop. It's powered by a 292 and a five-speed transmission (right, middle).

Karl Colp arrived in style with a drop-dead gorgeous 2023 black Corvette Z06. It is powered by a 5.5 Liter V8, producing 670 horsepower, with an 8-speed duel clutch automatic transmission. The deep, throaty exhaust and low stance once parked was the center of attention (right, bottom).

The Cherry Festival Car Show was held in May. There was a strong showing of approximately 12 cars and trucks from our club entered.

The car shows in June in Redlands and at The Lakes are held after this article is printed. I will have information regarding these two shows next month.

I spoke with Cindy Graves about the Classic Car and Golf Cart Fourth of July parade and it is ON. The line-up starts at 9 am at The Lodge parking lot and the parade will commence at 10 am. Awards will be given for most patriotic for both cars and golf carts. So, make your ride colorful and patriotic.

We meet the first Saturday of each month at 9 am at The Lodge parking lot. Our next meeting will be Saturday, July 1.

Please join us for some hot coffee and donuts. For more information, please contact Frank Morales at (951)203-4578 or fmoralesjrinc@aol.com or Rick Morales at (951) 255-4710 or onemth53@yahoo.com. ~ **Frank Morales**



June's Cars & Coffee



Bobby Morales' Ford



Karl Colp's Corvette

TAILS & TRAILS - ALL PETS

One of the first thoughts that new dog owners have is, how do I make my dog happy? Fortunately, due to the demeanor of most dogs, it's not a difficult job, but here are some tips on how to make your dog happy and how to create and keep a strong bond.

Go on more and longer walks. It sounds like an easy decision. Everyone knows that dogs need to be taken out for a walk. What a lot of dog owners miss, however, is that going for a walk is one of the most beloved activities for pups of all breeds, sizes, and ages.

Be calm and assertive around your dog. It's a well-known fact that dogs feed off of our emotions. That's not some mystic "energy" mumbo-jumbo either; dogs simply use our emotions as hints as to what's going on around us. If we are anxious, the dog reacts to our anxiousness. If we're sad, the dog gets sad because it knows there must be a reason for our sadness. And while we can't always be happy and calm, it's best to keep our heaviest emotional moments away from our dogs if they are to have a calm and happy lives.



Let your dog see the world. If you're afraid that the dog may get out of the house, put protectors on the windows, but leave your pup enough of a connection to the outside world throughout the day or it will get anxious and bored.

Have a routine and structure. The same way we feel much better when something is going according to plan, so do dogs; they're creatures of routine. That doesn't mean that your dog's life should become

too predictable, but just that it should have a general structure. A chaotic life can lead to stress and anxiety, and expecting a pleasant event, like a walk, that the dog knows is coming, can be as pleasant as the event itself.

Socialize your pet. Proper socialization is extremely important for a dog, it will base how it reacts to other dogs, animals, and people for the rest of its life. Do you want your dog to play happily in the park with other dogs? Then socialize him from the earliest possible age, otherwise he may become fearful and aggressive toward strangers, animals and people alike. ~ **Vivian Walker, vivr@sbcglobal.net**

BIRDING CLUB

When I joined the Four Seasons Birding Club earlier this year, I had no idea what I was getting into. I thought learning about the birds we would see on our monthly walks on trails A and B was just a matter of adding a few local additions to my basic bird knowledge. Come to find out that the American Birding Association lists 623 species in Southern California, and the members of our club have recorded seeing over 128 of them right here! In fact, this past month, Four Seasons made the Riverside County rare-bird alert with three unusual sightings along Potrero Creek — a Purple Finch, a Townsend's Solitaire, and a Pine Siskin. Even experienced birders can be a little shaky on identifying both common and unusual birds above and around them, and it's not as if birds stand still, posing in a position where you are easily able to study their size and configuration and coloring, but it's always fun to give it a try.

Last month's walk was an exercise in group detective skills. Almost immediately, we spotted two intriguing birds on trail B. We trained several pairs of binoculars on them and listened carefully. Linda Miller was finally able to take clear pictures that revealed them to be a Cooper's Hawk and a Mourning Dove. Mysteries solved!

The members of the group who visited the San Jacinto Wildlife Area in May were able to identify a Great Horned Owl with a baby owl in the nest, a rare Bufflehead Duck with his edgy hairdo, and five Shoveler Ducks enjoying a swim, using their unusual beaks to shovel up their food. The June field trip to Big Morongo also provided some interesting bird sightings in a new setting.

We will begin our next walk on Saturday, July 3 at 8 am at the start of trail A near The Lodge. Join us and bring your best Sherlock Holmes skills. For more information, please contact Gerrie Karczynski at gerrie201516@gmail.com. ~ **Kathy Hull**



Top left: Cooper's Hawk at Four Seasons, picture by Linda Miller



Top right: Mourning Dove at Four Seasons, picture by Linda Miller



Left: Bufflehead Duck at San Jacinto Wildlife Area, picture by Gerrie Karczynski

COMMUNITY GARDEN CLUB

The Gardening Club is on hiatus for the summer months while we all enjoy the start of warmer weather. We hope everyone is enjoying their vegetable harvests or beautiful gardens as the result of spring gardening efforts. Even now, our community is ablaze with lush beautiful blooms — especially the roses.

Stay tuned for news of our next speaker event on Sept. 23 and save Oct. 20 for the annual outside dinner party with live music.

For information or suggestions for future topics, please contact pwayne1@outlook.com. ~ **Pat Wayne**

BOOK CLUB

Our selection for July 11 is *The Last Piece* by Imogen Clark. Here is a brief description from Amazon.com: "The chaotic but happy equilibrium of the Nightingale family is thrown into disarray when Cecily — whose children can't remember her ever being remotely spontaneous — disappears to a Greek island with no warning or explanation. Her reasons for doing something so out of character are a total mystery to her three daughters: high-powered executive Felicity, unfulfilled GP Julia, and organized mother-of-five Lily. What connection could she possibly have with Kefalonia? But Cecily has gone to continue a story she thought ended decades ago — one that could have a huge impact on her family. And when she returns, she'll have to tell them the truth. Will Cecily be able to hold her family together once she reveals her big secret? And might she discover that she's not the only one with a story to tell?"

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN Room #3, and someone volunteers to lead the discussion about the book we have chosen for the month.

For more information about the Four Seasons Book Club or to get on our mailing list, please contact me at michelesrosen@gmail.com. ~ **Micki Rosen**





AMPHITHEATER

Don't miss our next Amphitheater concert on Sunday, July 16. How appropriate that the month that we celebrate our independence from Britain we enjoy the music from the four lads from Liverpool?

Do you remember the first time you heard the music of the Beatles? It could have been on the *Ed Sullivan Show*. Maybe it was while driving around with friends on a summer night. Well, we are going to relive Beatlemania down at the Amphitheater with an appearance by Britain's Finest, one of the foremost Beatles tribute bands in the nation. They have performed in Liverpool at the world famous Cavern Club and appeared on the television show *The World's Greatest Tribute Bands*.

The group will make you think that you are in a time machine due to their attention to detail, harmonies, and appearance, and an uncanny, note-for-note performance to a Beatles show. The Amphitheater and

Britain's Finest will be your personal time machine to that moment when The Beatles music touched your heart.

The concert will start at 7 pm. Mike and the Bistro team will be selling hamburgers, hot dogs, and snacks. Additionally, the Bistro will be selling drink mixes so bring that tequila! Chairs may be set up anytime after The Lodge opens on Sunday morning. Please no blanket placeholders and make sure glass bottles are covered. Blimey mate get your friends and neighbors and have some fun.

As an added activity on Wednesday, July 12, the Amphitheater team will be presenting an outdoor movie. The movie is *That Thing You Do* with Tom Hanks starring as a manager of a Beatles-like band and their journey to fame. Come on down, bring your popcorn. Movie will start at dark. ~ **Mark Lassen**, lassenqa@aol.com

PERFORMING ARTS CLUB



Our next meeting will be in The Lodge Game Room on Monday, Aug. 14 at 6 pm. You are encouraged to attend our bi-monthly meetings. We continue to grow as a club, and a source of free entertainment to our residents with various shows throughout the year. All are welcome to come to a meeting with socializing and snacks. Besides general business, Pat Wayne usually has something fun planned with audience participation.

Auditions were held last month for this year's Christmas show, *A Dickens of a Christmas Carol*. It's based on the classic story by Charles Dickens but with a comedic turn. We can use more volunteers to help with costumes, sound, lighting, and set building. Come and join us. If you have any questions, please call John Horning at (323) 253-3854.

PAC will be presenting two *Old Time Radio Shows*: *Gunsmoke* and a *Burns & Allen Comedy* on Saturday, Aug. 26 in The Lodge Ballroom. Rehearsals are starting, so mark your calendar to attend and witness drama and comedy from your fellow residents.

Get on the mailing list if you are not already. Any questions or if you wish to be involved, contact Marianne Bugni, PAC Coordinator, at (920) 517-2739, email lamarib77@gmail.com, or Pat Wayne, President, at (941) 290-1811. ~ **Marianne Bugni**



L-R: Marianne Bugni, Dan Hazeltine, and Mary Christelman, cast members from "Remember When Rock Was Young"

KARAOKE

Karaoke continues to grow and the singers are getting better and better. Many of you attended the Performing Arts Club show *Remember When Rock Was Young* which featured songs from the 50s and 60s. Most of the people in the show participate in karaoke to practice songs and improve their confidence. Karaoke is about having fun and singing but it's also about personal development and having the courage to step out of your comfort zone. As we get older, I think we have a tendency to stop learning and pushing ourselves. If you are looking for a confidence boost, you should come out and try your favorite song. The audience is always very supportive and you will feel proud of yourself. For info, please call me at (909) 712-2292. ~ Dave Rohrbacker, dave.rohrbacher@icloud.com



The girls busting out a group song



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COUNTRY LINE DANCING



Everyone had a great time dancing the night away at our Dance Party on June 10. By the end of the evening, the dancers were tired but happy, even though some had sore feet. When you love to dance, you have a hard time sitting out even one song. Once the music begins, you just have to get up and dance.

Why do people love line dancing so much? You do not have a partner to lead you or that you must follow. Once you learn some basic steps, those steps are used in many songs, just in a different order. But everyone learns at a different pace and some steps are harder to grasp. The key is to practice each step over and over until it is fixed in your memory.

Although I am leaving at the end of the year, I've decided to teach

one more very-beginner class. It will be a 30-minute class beginning Aug. 1 at 3:30 pm in The Lodge Ballroom.

It will be a five-week class. I will teach you one step at a time for each dance. All dances will be beginner dances concentrating on the basic steps of line dancing. At the end of five weeks, I will decide if the class needs to be extended. Whether you only want to learn the two basic dances for a wedding or party or want to start and go on to more line dances, this class will teach you the basic steps. Please call or text me if you are interested in the class.

Hope to see you on the dance floor. ~ **Martha Franck**, marthafanck@icloud.com, (714) 345-8588

LET'S DANCE!

The month of July will feature two of everyone's favorite dances, Country Western Two Step and Country Swing. What is the difference between country swing and two-step? Two step requires a large dance floor or race track style floor where you can make your way around the outside. Most dance floors simply don't have that much space. On the other hand, country swing can be performed in a space of about 4' x 4', which you can find at most places.



"ROMAN HOLIDAY" DINNER AND DANCE

It's time for our annual Summer Fun Dinner Dance on Aug. 5. Get your tickets. This year's theme is "Roman Holiday." There will be a live band, catered pasta-station dinner, decorations, raffles, photo opportunities, and of course all types of dancing.

This is one of our two extravaganza events for the year. You do not want to miss it. We have some surprises planned for this event.

The band American Made is a four-piece, energetic group that plays a wide variety of American music. The music includes classic rock, country, R&B, oldies, swing, blues, and top 40. There is something for

everyone.

This is a BYOB event, so please feel free to bring your favorite libation. There will be great raffles so please bring extra \$\$\$.

Tickets are \$40 each, same as last year which includes the dinner and the dance with a live band. Please watch for updates on the bulletin screens in The Lodge, plus the Activities Blast. For further ticket information, contact Brian Fusilier at (909) 215-2778, Cheryl Fusilier at (951) 236-8206, Lisa Johnson at (714) 322-8877, Margi Spies at (818) 489-1279, or Lori Crosse at (805) 660-8521.

We meet in The Lodge Ballroom every Monday evening with FREE open practice and review from 6 to 6:30 pm. Beginner class is from 6:30 to 7 pm with intermediate class from 7 to 8 pm. The cost is \$10 per person for professional instruction and you are welcome to stay for the entire session. The instructors are flexible and adjust to the needs of the class.

For more information, please contact Brian Fusilier at (909) 215-2778 or Lisa Johnson at (714) 322-8877. See you on the dance floor. ~ **Lisa Johnson**



Catherine and Tom Powers demonstrating a "sweetheart hold"

STEP IT UP LINE DANCING



Well, summer is finally here! We've got some really fun dances I've been teaching in the last few months and people are catching on so quickly now that they know the names of the steps and have been doing them for quite some time. Line dancing takes practice and repetition so you should commit to 30 days of learning so you truly understand how much fun it can be both physically and emotionally. We started a new class in June but if you're a quick learner, you can join us now and get caught up.

The Monday class starts at 1 pm and an improver class starts at 2 pm. I repeat the same dances on Wednesday night (Wet N Wild Wednesday) that starts at 6:30 pm. Come join in the fun and see what we're all about. Please call me at (949) 326-3133 if you have any questions. ~ **Janine Rohrbacker**, etgrad76@icloud.com



The "Gimp" group: Our dedicated dancers show up even while they're recuperating

HEART & SOUL LINE DANCE

Why do I line dance? I have always loved dancing and enjoy being around people. When I discovered line dance as another form of dance, it motivated me to start teaching. It breaks me out of the regular routine of exercise. It's a social exercise. There are different levels and as you get better, you move on.

Line dancing has become a sport enjoyed by dancers around the world. It's a unique and fun workout for the body, mind, and soul. The line dancing we do these days, called modern or urban dancing, originated from country, but we dance to all different types of music, whatever is popular on the radio these days.

Line dancing is a group dance and no partner is necessary. Dancers form a line and do a repeated set of choreographed steps. While everyone is in a line or row, there is no physical contact with the other dancers, but you do dance together following the repeated steps at the same time. Line dancing involves low-impact cardiovascular exercise while remembering steps which require the need to think. It is a workout for the brain as much as it is for the body.

Line dancing helps build balance and flexibility. It's a weight bearing exercise, so it helps to strengthen bones. It can help people with anxiety and depression. If you can get up off the chair and onto the dance floor, you are moving. And if you are moving, you are exercising.

Heart and Soul Line Dance meets on Wednesdays, 4 to 6 pm in The Lodge Ballroom. All steps are broken down and repeated for memorization. Wear comfortable shoes and bring water. We have novice to improver dances, and we always dish out plenty of encouragement.

Any questions, please contact Priscilla Robles at (909) 239-6464. See you on the dance floor! ~ **Priscilla Robles**

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AFRICAN AMERICAN CULTURAL CLUB

Our club is off and running as usual. If you missed our Juneteenth Celebration, you missed a great party. It was a huge success, everyone had a wonderful time. We want to thank Ms. Joyce Allen and her team for a job well done. Our next event is Jazz Under the Stars on Oct. 7 and our last event of the year is our Christmas Party on Dec. 9.

In July, families throughout this country celebrate the Fourth of July. However, there have been conversations among some of us as to whether or not the holiday should be celebrated in our culture. It is a known fact that many of us come from ancestry that were enslaved during the Revolutionary Era (1765-1791). The Revolutionary War took place between 1775-1783. The Patriots declared independence from the British Empire in 1776 but was not fully achieved until 1783.

The more I learn about this time in our history, like anything else, it's complicated.

It's estimated that 20,000 enslaved and free people of African descent joined the Royalist (British) and were promised freedom for those enslaved; approximately 9,000 enslaved and free people of African descent joined the Patriots (Colonists). Some were promised

freedom but most were not. Most of us heard of Crispus Attucks, but he was not the only "Black Patriot" who fought on the side of the Colonists. There are hundreds, maybe thousands, of "Black Patriots" whose contribution to the independence of this country has been lost over time. I would like to highlight Mr. James Armistead.

There is very little known about Mr. Armistead, who was an enslaved man in Virginia. He became a double agent, passing intelligence and misinformation between the Patriots and Royalists. He pretended to be a runaway slave and joined the Royalists army. However, his loyalty was with the Patriots. Mr. Armistead conveyed vital information to General Marquis de Lafayette. Due to this information, the Patriots won the battle of Yorktown, which ended the war. As a result, General Lafayette provided testimony regarding Mr. Armistead's heroism, he gained his freedom and changed his surname to Lafayette. He is known as Mr. James Armistead Lafayette.

Should those of us of African descent celebrate the holiday, this is a private and personal choice. Knowledge is power. If you have any questions, please contact the AACC President, Wanda Valentine, at (951) 544-1606. ~ *Jocelyn Doucette*

ITALIAN AMERICAN CLUB

This past month the Matzah Balls and Meatballs met on the fields of The Summit to determine which team would win the bragging rights as gifted athletes.

Last year, the Matzah Balls won the match because the Italian American Club members were having too much fun visiting with friends, eating, and enjoying an occasional alcoholic beverage. This year's event was held on June 11, so, as of this writing, the event had not occurred, but I am certain it was well-attended by the Jewish Cultural and the Italian American Clubs. For more information on the winners, please check out the August *Breeze* or check with one of the team members.

The July meeting of the Italian American Club is scheduled for July 13 at 6 pm at The Courts. A potluck is planned by the Steering Committee for our members to enjoy, and as an added treat for our club members, the plan at this time is for the Happy Camper Food Truck to be out in front of The Courts from 6 to 8 pm selling gelato ice cream.

For our members who went on the trip to San Diego's Little Italy, you might recall eating gelato at Nona's and other restaurants. The Salted Caramel Gelato was worth the trip to Little Italy on its own.


So mark the date in July for the meeting of the Italian American Club and maybe, just maybe, you will find the gelato dessert will go down easy after the potluck.

The Italian American Club is open to all residents of Four Seasons. You do not have to be Italian to join our group or come to our meetings. We would love to have you come visit us.

To all our members and everyone in Four Seasons, we hope we will see you at one our meetings.




Non Vedo L Ori Di Vederti Presto (Looking forward to seeing you

soon). ~ *Barbara Dipoma, (805) 377-2616 and Jerry Monahan, (951) 212-8898*



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CLASSIC FILM GROUP

Join us for *Citizen Kane*, Orson Welles' first movie and AFI's #1 movie of all time on July 25 or Aug. 1 at 6 pm in The Lodge Theater. *Citizen Kane* follows a reporter's investigation into millionaire Charles Kane's obscure dying words.

Through flashbacks, the audience learns about Kane's fascinating rise to and fall from power, while solving the riddle of his last words.

When a reporter is assigned to decipher newspaper magnate Charles Foster Kane's (Orson Welles) dying words, his investigation gradually reveals the fascinating portrait of a complex man who rose from obscurity to staggering success. Though Kane's friend and colleague Jedediah Leland (Joseph Cotten), and his mistress Susan Alexander (Dorothy Comingore), shed fragments of light on Kane's life, the reporter fears he may never penetrate the mystery of the elusive man's final word, "rosebud."

Through flashbacks, the audience learns about Kane's fascinating rise to and fall from power. He finds evidence of a child torn away from his family to serve mammon. Grown into manhood, Kane becomes a newspaperman to indulge his idealism. He marries the niece of the man who will become President of the United States, and gradually assumes more and more power while losing more and more of his soul. Kane's money and power do not bring him happiness and he loses his youthful idealism, as has the America for which he is a symbol.

Note: Orson Welles watched John Ford's *Stagecoach* over 40 times before making *Citizen Kane*. ~ Paul Plamondon, 4seasonsmoviegroup@gmail.com



WEDNESDAY MATINEE: Come and watch old Western movies! On Wednesday, July 12, starting at 2 pm, we will be showing *The Good, the Bad and the Ugly*. Bring your own popcorn and drink or lunch. Watch for the Wednesday Matinee in the Activity Blast and the weekly movie schedule. Sponsored by the Classic Film Group.

COUNTER CULTURE CINEMA

NOTE: There will be no Counter Culture Cinema Club screenings in July. We will resume our regular screening schedule in August.

The club has screenings on the second and fourth Sundays of each month. We screen films you won't find at the big Cineplexes: documentaries, indie films, foreign films, and other little gems that don't get wide release.

All of our screenings are followed by lively discussion about the film; we'd love to have you join us. The Lodge Theater has very limited seating, so if you're interested in our screenings, come early; we hope to see you there. Please note that all films announced are subject to availability. If you have any questions about the Counter Culture Cinema Club or want to recommend a film, please email Micki Rosen at michelesrosen@gmail.com. ~ Micki Rosen

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FOUR SEASONS VETERANS PARK

August visitors, especially grandchildren, is a great time to educate the younger generation on the meaning of patriotism and service to our country. The events for August include Purple Heart Day on Aug. 7 and the USMC Reserves birthday on Aug. 29. While most supporters of veterans honor the regulars, many do not appreciate what the Reserve forces add to our wartime deployments. They have established a livelihood and family in the homeland and when called to active duty, they must re-arrange not only their own agenda, but their family's as well. This is different than the regulars who are prepared for deployments. ~ *Len Tavernetti, ltavernetti@hotmail.com*

Purple Heart Rescue: First successful rescue of American POW since Vietnam and the first ever of a woman. Jessica Lynch is awarded the Bronze Star, Prisoner of War, and Purple Heart medals on July 22, 2003



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"BELIEVE..." WOMEN'S BIBLE STUDY

Summer means traveling, visiting family, hugging grandchildren, beach days, etc. Ah.... retirement! Even though we are continuing our Bible study meetings through the summer, if only one lady attends, we will still have class. So travel on, dear ladies!

We held our annual summer party on June 9, and had such a great time. A luncheon was provided, we played a fun game (with some questions about what we have studied), there were prizes, and a delightful singing performance by Abby Olson. Abby is my granddaughter, and is on scholarship to Chapman University for her amazing singing voice. Anyone who missed her performance really missed out. She is so gifted (and, of course, I'm biased!). Anyway, all

ladies that attended had a great time.

As we continue through the summer months, we will be studying the Acts of the Apostles in the New Testament. By Sept. 1, we should begin Acts 18, and finish Acts 28 in December, just before our holiday party. In 2024, we will begin the study of the Book of Jeremiah. This Bible study is interactive and fun, and questions and comments are encouraged.

If you would like to join us in studying how the Church began, Paul's ministry, and the events in between, please join us any Friday at 10:30 in The Lodge Game Room. We hope to see you soon! ~
Eileen Gilbert-Antoine, (951) 922-6829 or egcellent@msn.com

LIFE AFTER LOSS FORMERLY THE BEREAVEMENT GROUP

The Life After Loss Group is an "open" group meaning anyone can join at any time and when you don't feel you need the group anymore, you can stop coming. In fact, we have members that have come for a while, left, and when needed came back for a few weeks. The group is a warm and caring group of people who understand what you are going through after the death of a spouse, child, pet, etc. Often, we feel as if we are "losing our minds" as we go through the various stages of grief. This group is very supportive and members will be able to relate to what you are feeling and will let you know that what you are going through is similar to what they have felt. There is comfort in

knowing you are not the only one feeling a certain way.

We are non-judgmental and because what we say in the group stays in the group, you can definitely speak your mind. If you think it might be a little uncomfortable for you to talk, please know that no one is forced to speak. You talk when you want and share what you want. The group is yours to get out of it what you need.

The group is facilitated by Becky KG. For more information, please contact Becky at (951) 524-0215 or email at beckykg_1@yahoo.com. All contact is confidential and we look forward to seeing you. ~
Becky Kotzin-Gustafson



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MIXED MEDIA ARTS

Art challenge: complementary colors: This is the next in a series pairing opposite colors on the color wheel/spectrum. These pictures are painted with acrylics, three versions of the same image using all three sets of complementary colors.

This is the perspective of the artist Linda

Rau: *I have always appreciated a good challenge but this one really challenged me. We were asked to complete three paintings. Each was to use a pair of complementary color schemes of: red and green, blue and orange, and yellow and purple. I chose this*

mountain and field scene since I had wanted to paint it anyway. I almost gave up, but Rob encouraged me to finish them. I have attended Rob Kelman's art class for the past four years and would like to think I'm getting better. With Rob's help, I am getting more confident. You do not need any prior drawing or painting experience to attend this class. Many that have started have blossomed into incredible artists.

Classes are Mondays from 10 am to 12 pm and/or Wednesdays from 6 to 8 pm. There is a nominal \$5 fee per person, per session. If you have any questions, call Rob Kelman at (951) 992-9156. ~ **Rob Kelman**



SEASONED SOLOS

If you are single and enjoy a variety of activities, then Seasoned Solos might just be the group for you. At each meeting we discuss what is going on in the Inland Empire and plan activities, from local lunches and dinners, to excursions to presidential libraries, the Redlands Bowl, Metro Link trips into LA, and the beach train to San Juan Capistrano. There's not much that we won't consider doing. We meet on the first Friday of each month in The Lodge Arts & Crafts Room at 6 pm. For further information, call Joyce at (951) 850-3055 ~ **Nyla Cheely**

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TRAVEL GROUP

I am very happy you all seem to enjoy our monthly speakers. We have one booked for each month of this year. We will be holding our Travel Expo in January where you will be able to talk to travel advisors and see what they have planned for the next couple of years.

We have our Welcome to Hollywood party in August, tickets are on sale now for \$ 50 per person which includes dinner, dancing, and live entertainment. It's going to be a fun evening.

Meanwhile, we are planning to get some more trips on the books for you. Our San Diego trip was a hit, so I am confident we could fill a bus very easily. Next time, we will offer any trip to those who attend our meetings before Irene sends out the email about the trip. Tobias from ACT (Adult Customized Tours) has some nice day trips coming up and a couple of great cruises. One is an 11-

day Private Veranda Cruise Thanksgiving starting in Sicily from Nov. 18 to 28 for only \$2,495. That includes airfare and two nights in Barcelona. If this interests you, call ACT at (760) 322-1247. Be sure to tell them you are from Four Seasons when you book a trip with them; sometimes ACT has a special trip that is just for our group.

For any questions about membership, email Irenewelker55@gmail.com and put "new member" or "member change" in the subject line and include your phone number. For other information, call Joni at (661) 390-5512 or email jonitruelsen@yahoo.com. Remember, you never know where life will take you so travel and enjoy the ride. ~ *Joni Truelsen*



RAINBOW GROUP



The Four Seasons Rainbow Group continues in our mission to support the local residents who identify as LGBTQ+ and anyone else interested in our community. We usually meet on the fourth Thursday of the month in the Ballroom. We introduce new members, share stories or news that might be of interest to the membership, occasionally hold potlucks, and host themed movie nights. We will gladly entertain ideas from anyone.

If you haven't signed up for our email list or feel that you did but are not receiving email, please contact us at rainbowgroup@myyahoo.com. Lastly, if you haven't already joined our Four Seasons Beaumont Rainbow Facebook group, please do so. Both avenues will keep you updated on any late-breaking developments, events, and details of our monthly activity. ~ *David Esquerre*



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PHOTOGRAPHY CLUB

The June monthly meeting covered two important tutorials. The first area covered was the use of key controls on a camera. The second area was on Shutterfly, a photograph app where members can post and share their pictures.

We discussed Mode Wheel on cameras and explained everything from Manual Mode, where you have complete control, to Auto Mode, where the camera has almost total control. We also covered the various settings for sports, portraits, landscapes, etc.

Next, we moved on to our Shutterfly account and how members can upload pictures for different shoots. Members can have their own "album" at Shutterfly. Members will log onto the site and create their albums.

Finally, we discussed what to carry on a photo outing, both short walkabouts and longer shoots. It's essential to pack for what you are going to photograph.

Also note, on the second Thursday of the month, the Club is holding Zoom Meetings dedicated to learning about Adobe editing programs (Photoshop, Photoshop Elements, Lightroom). Contact Jacque at jacquesneddon@gmail.com for details.

This month's photographs from members are two very different images. One is a wide expanse and one with a single subject.

If you have yet to receive our emails, contact Jacque at jacquesneddon@gmail.com. She will be happy to add you to the mailing list. ~ *John Baeyertz, johnbz1453@gmail.com*



Denise Tracey - Bridge Central Park New York



Thomas Olsen - SpaceX Launch Stage Separation

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QUILTING ENTHUSIASTS

Hello one and all. We sincerely hope that this little article finds you all enjoying the summer with your grand and great-grandchildren, family, and friends. As I write this article, I'm sitting here in Northeastern Colorado at a dear friend's working cattle ranch. They have had lots of rain here and the hills and pastures are beautifully green and the cattle fat and slick. It's thundering and rain continues to fall and now the sun is shining. We thought California weather was wild, so is Colorado's!

July has the Long Beach Quilt show arriving on July 6-8. If you get

a chance to take a drive, go see the amazing quilts on display. They are out of this world! Even if you don't quilt, they are a must see.

As a friendly reminder, the Quilting Enthusiasts are NOT meeting in July or August this summer. Our next meeting, open to one and all, is Sept. 14 at 1 pm. Sit-n-sew is still the third Thursday and is open for ALL sewers and quilter's alike. Come visit, share and get help. It is recommended that you let one of the members know that you are planning on coming. As always, enjoy your summer vacation time with your families and friends. ~ **Mary M. Moody-Cox**



Two beautiful quilts showcasing interesting geometric shapes



Quilt by Carol Young for a new grandbaby

CERAMICS CLASS

Happy Fourth of July! Ceramics Class has something for the novice crafter who is looking for a new hobby and a crafter who has experience and wants to create unique designs or pieces for friends and family. In addition to individual projects, throughout the year we offer class projects to teach new techniques.

Come and join in the fun. Drop by the Arts & Crafts Room to see our monthly ceramics class schedule and learn more about our

upcoming class projects. We meet Wednesdays from 1 to 4 pm. Please see the class schedule for any exceptions.

A certified instructor and/or an experienced team lead is available to support your crafting needs. Participation is at your own pace and frequency.

Call Loretta Ramsey at (714) 803-6744 or Brenda Ystrom at (909) 910-1100 for more information. ~ **Brenda Ystrom**

CRAFT GROUP

Don't miss out on some fun! Join us on Thursdays at 10 am in The Lodge Arts & Crafts Room. For more information, contact me at christimason02@yahoo.com or (951) 486-1091. ~ **Christi Mason**

KNIT & CROCHET GROUP

We meet Tuesday mornings from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone interested in learning how to knit or crochet. Please email me if you have any questions. ~ **Marlene Doyle**, marlened3333@gmail.com

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CRAFTY CARDMAKERS

The Crafty Cardmakers will now meet only on the second Friday of the month at 1 pm in the Arts & Crafts Room. We make three cards, all occasion, and you only need to bring your own glue and scissors. The cost is \$10 to cover materials. Your cards include envelopes and will be ready to mail.

We have a wonderful group of participants and would love to have you at our next class. If you would like to be part of the group, call or email me with your name, phone number and email address to be put on our monthly emails.

If you plan to come to class, please RSVP to Patty Grana (granamemories@roadrunner.com or (626) 862-2652) by the Tuesday before class so there will be a kit for you. ~ *Maryalice Chorba*



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TASTE D'VINE

We are in the middle of summer. Now is the time to cool off with a nice chilled white or rosé wine. As the temperature goes up, quite a few of us move from the heavier reds to the lighter chilled wines. Whatever wine choice you make to combat the heat, I'm sure it's the best choice.

For the July meeting, we are excited to bring to you Paolo Wakham of Classic Wines of California. Classic Wines of California is a



premier adult beverage distributor focused on servicing retailers and restaurants throughout California. The company has a large portfolio of California and international wines. Paolo is a sales representative for the company and will be bringing an assortment

of wines that I'm sure will please you.

I'll be looking for you on July 20. See you all then. ~ **Gino Domico**, gdomico@gmail.com

FOUR SEASONS SINGERS

Here is the latest news about our rehearsals. Our start time has been changed to 3:15 pm in order to accommodate the class in the Ballroom before us. Please start to show up after 3 pm but be ready to sing by 3:15 pm. Now it is only two months before rehearsals begin. Please practice diaphragm breathing. Singing out loud – even in the

shower or with the car radio – is encouraged! See you soon.

If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ **Barbara Wasco**

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ **Steve Benoff**

HANDBELL CHOIR

History of Handbells, Part 3. The British devised their own system of ringing tower bells, called change ringing. Instead of one person playing all the bells from a keyboard, a rope hung from each bell. Each ringer took a rope attached to one of the bells, and pulled it to make the bell ring - one bell, one rope, one person. The bells were rung in numerical order, from highest to lowest and all the bells had to be rung before the order could restart. Each order is called a "change," and there are still change ringing societies in many eastern United States cities. However, change ringing was noisy, and practicing was done in rooms that were not heated or air-conditioned. That led to change ringers inventing "hand bells" for practice. Even "dumb bells" were tried. These were bells without clappers. Today, it is not unusual to see long-handled wooden spoons for individual practice

Kathie Sundstrom can be reached at kathryn.buck@comcast.net or (303) 903-6850. ~ **Kathie Sundstrom**, kathryn.buck@comcast.net, (303) 903-6850

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PADDLE TENNIS



On the evening of May 13, paddle tennis enthusiasts gathered at The Summit for their Around the World Potluck. This event was organized by our local paddle tennis group, which has been promoting the sport and bringing players together for years. We welcome our newest player, Joe Rovere.

Several of our player chefs provided amazing dishes for all attendees. I have to say, Gordon Ramsey would be impressed with the cuisine from around the world. Food, drinks, dessert, music, and laughter were enjoyed by all. The event was a great opportunity for players and family members to socialize and connect with one another, and it was clear that everyone was having a great time.

We encourage everyone who is interested in the sport to come join us. Whether you're

a seasoned pro or just starting out, there's never been a better time to get involved in the world of paddle tennis (aka Pop Tennis). Today, paddle tennis continues to be enjoyed by players of all skill levels. It combines elements of tennis and racquetball, offering a fast-paced and exciting sport that is becoming increasingly popular not only in the U.S., but also around the world, e.g. Argentina, Sweden, Netherlands. Congratulations to St. Augustine Beach on their 50th National POP tennis tournament. They play on the white hard sands of St. Augustine beach during low tide.

Those interested in learning this sport, contact me at ecgallegos@outlook.com. ~ *Lizzie Carbajal Gallegos, ecgallegos@outlook.com*



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(The Reach) Harmon, Alan (The
Ankle-Breaker) Chan, Bob Rubenstein



NEW CLUB!

SPIN 'N SLAM TABLE TENNIS

I am thrilled to announce that the newly formed Spin n Slam Table Tennis Club has officially been launched. In an effort to describe this gaggle of Ping Pong fanatics who are preordained to make this club a roaring success, one could take a page directly from the movie, *The Godfather*.

Firstly, there's Rony the Slammer, who will rear back and smash any ball that you hit too high or lands near the end of the table. Secondly, we have Ben the Spinner, who uses his penhold paddle grip to deceptively hide which direction the ball is spinning. If you think you've guessed right, FUGETABOUTIT! Then there's Alan the Ankle-Breaker, who has no problem hitting the ball toward the left

of the table when he sees that your aging legs are rapidly moving in the opposite direction. Finally there's Mitch the Reach, who uses his prodigious wing-span to put his paddle on any ball, regardless of where it's hit.

It's these folks and many others who meet up at The Courts on Tuesday, Thursday, and Saturday mornings to enjoy a game that many have been playing since they were kids in junior high school. If you haven't played in a while, come join us. You will be surprised how quickly it all comes back! Bada Bing! ~ **Bob Rubenstein, brube88@gmail.com**

PICKLEBALL

Happy Fourth of July from Four Seasons Pickleball players!

We had our Spring Fling tournament and lunch on a beautiful day in May. A fun time was had by players and spectators alike.

Each winner also received cash gift cards and tournament vouchers. Congratulations to all of our tournament winners! Our very popular 50/50 raffle winner was Julie.

Come on down and check us out weekdays and Saturday mornings starting at 7 am. We are a fun, friendly, and supportive group offering beginner classes Saturday mornings at 9:30 am.

Hope to see you on the courts. ~ **Yundell Montalbo-Linton, yundell@aol.com**



Winners for mixed doubles: Mike and Julie won bronze medals, John and Joann won gold medals, Bob and LynnRae won silver medals



Winners for women's doubles: Nancy and Yana won silver medals, Julie and Sherry won gold medals, Lori and Nancy won bronze medals



Winners for men's doubles: Daniel and Mike won silver medals, John and Bernie won gold medals, Dan and Lou won bronze medals



TENNIS CLUB

"Tennis is best played, not watched" says Roger Kahn. Happily, this month we can do BOTH! Wimbledon is around the corner – July 3 - July 16. But before you turn on your A/C and sit down with your strawberries and cream, come out to The Courts and work up a sweat. Summertime is a favorite time of year for playing tennis. If you're a morning person, you can beat the heat; if you play in the middle of the day, bring your swimsuit and jump in the pool afterward; if you prefer to take advantage of our long summer days, come out and play in the evening. Whatever time of day you choose, you will find plenty of welcoming tennis players on the courts.

For those who like to both play AND watch tennis, here are a few tidbits about Wimbledon you may not know:

- The prize money for each Ladies' and Gentlemen's Singles Champions in 2022 was £2,000,000.
- Martina Navratilova still holds the record for women's singles titles (she has 9), and Roger Federer holds the record for men's singles titles (he has 8).
- Ball boys and girls work no more than 60 minutes at a time - then are given a break of sixty minutes.

Here's one that may surprise you – Roger Federer was once a ball boy! He's gone from rolling tennis balls to representing Rolex – among other things, of course.

Summertime is the season "when the water gets warmer, and the drinks get colder." In the five years I've lived at Four Seasons, I've



become accustomed to the fact that 90 degrees is the new 80. I've also noticed that more people in our community are out and about at this time of year – more barbecues, more courtyard gatherings, more late-night walks to enjoy the stars. Summer has always been a reminder that fun has its own season. It's also a great time to add tennis to your list of fun summertime activities.

See you all at The Courts!

Visit our website at sites.google.com/view/tennis-fourseason/home. Info., Stan Lam, (714) 757-2141, slamcpa@gmail.com. ~ MJ Newcomer

TABLE TENNIS

Meet our Player of the Month: Harvey Yukito

Where were you born? Honolulu, HI

When did you move into Four Seasons? I moved here in May, 2021.

What attracted you to Four Seasons? It's a clean, well-organized community with lots of amenities.

What field did you work in before you retired? I worked for 20 years as an electrical engineer in defense industry and chip design, then another 20 in marketing in the Silicon Valley. I'm in the process of retiring now, divesting of a sign company.

What are some of your favorite activities now that you are retired? My retirement goal is to play more table tennis, re-read the classics, study history, opera, and ballet.

What interesting places have you traveled to? My wife, Barbara, and I took a river boat cruise

up the Rhône for my 60th. And we will repeat in Bordeaux this fall for Barbara's 60th.

How did you get started playing ping pong? I was a mid-week fly-in commuter to the Silicon Valley and took lessons and played in clubs in Palo Alto and Los Gatos. I had the good fortune to have taken lessons with World Champions Table Tennis. My warm-up partner was a then eight-year-old Kanak Jha, the current U.S. men's singles champion.

What do you enjoy most about ping pong? I enjoy the physical and neurological exercise. I get a kick out of playing competitively with either hand.

Would you encourage other residents to join our ping pong club and why? I think table tennis is an ideal sport. It's gentler on the body than full-sized tennis, but much faster so it's good for the brain. Also, it's less expensive and less time consuming than golf. ~ Niles Sundstrom



Give him a ping pong ball or a small orange, Harvey can serve it. He is that good!

WATER VOLLEYBALL CLUB

As you read this, members of the Four Seasons Beaumont Water Volleyball Club are well into our summer season at the Courts, enjoying the sun and warm weather while participating in a low impact physical activity. We play every Monday, Wednesday and Friday from 10 am to 12 pm, and are always looking for new players. All ages, heights and skill levels are welcome. We have many activities planned for this summer in addition to our regular volleyball play. Stay tuned for more information about our big summer pool party scheduled for Aug. 5. If you are looking for a club where you can have fun and laughs with your friends and neighbors, come check us out! And bring your guests along. Everyone is welcome to join in the fun.

This month we highlight our Club's Vice President Vicki Manderino.

Vicki grew up in upstate New York in a little town called Oswego where you either worked in farming or at IBM. Vicki split her time between competitive gymnastics and water skiing. At the age of 12, Vicki placed third in ski jumping and fifth in trick skiing at the Nationals. After graduating high school, she attended Michigan State University receiving her bachelor's in physical education and meeting her husband, Paul. Upon graduating, she auditioned for



the dance program at the University of CA, Irvine and was accepted. Paul, Vicki and their two cats moved across country and settled down in Irvine. After receiving her MFA, Vicki was hired by the Newport Mesa School District as a traveling specialist teaching elementary physical education for 22 years. Vicki's love for volleyball originated in middle school and she refined her skills in college, playing in a co-ed league. Talking about the Four Seasons Beaumont Water Volleyball Club, Vicki said, "Water volleyball is the only physical large team sport here at Four Seasons. I started playing five years ago with a small group of residents just in the summer. It is wonderful to now be able to play year-round and 3 times a week! Our players are friendly and fun, and after two hours I am ready for an afternoon nap. We've come a long way since then, adding boundary lines and teaching new players the game, which has improved our sportsmanship. I am so thrilled with the progress I see in myself and others because the better the skill level the more challenging the game becomes. I hope to see more people come out and play with us. We welcome everyone. There is nothing better than to be in the pool playing volleyball, I love it!"

For info, contact Mel Harkin at odeegos@yahoo.com. ~ **Mike MacQueen**



Vicki Manderino, our Vice President

BOCCE CLUB

Bocce Ball is played at The Summit on two green courts overlooking the surrounding valley with beautiful views.

We are still playing Tuesdays and Fridays at 9 am, as I am writing this article in early June. As weather warms, that will change. I will inform everyone when starting time changes.

Hopefully we'll see you out there having some fun throwing the Bocce Ball around. If you are interested in learning the game, please join us. Any questions, please call or text me at (909) 747-7087 or email at hanknegrete16@yahoo.com. ~ **Hank Negrete**





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NEW CLUB!

BEAUMONT BAGGER CORNHOLE GROUP

Try something new at Four Seasons! Introducing one of the newest groups in Four Seasons, the Beaumont Bagger Cornhole Group. Experience level doesn't matter in this game and we are all willing to help you learn the game, even if you have never played. It's a fun way to meet new people or you might be surprised who has already been participating in the last year.

Singles or couples are welcome because teams are set by pulling names from a hat. We usually have four to five games running with four participants at each. All participants watch and cheer on their friends until they are challenged to another game.

Join us and be a bagger or a spectator on Tuesdays at 5 pm at The Summit. Check in and get your name in the hat if you would like to play. Bring a chair, your dinner, a beverage, and a dish to share. We enjoy great games and then continue the fun with dinner afterwards with great conversation.

Any questions, please call Pat Barry at (951) 388-0441. Come and see what we are all about!



L-R: Tom Coniguliano and Steve Rust



L-R: Colleen Battistone and Susan Coniguliano



L-R: Leah MacQueen, Hank Negrete, Linda Santilli, Penny Mackenzie, Pat Keep, Jerome Benberg, Brent Young, Jim Chappel, Pam Constance (partially hidden), and Michael Battistone.

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8-BALL CLUB

Your 8-Ball Club continues the season with lots of practice and tournaments. Just a reminder the club practices or plays tournaments Mondays, Wednesdays, and Fridays 6:30 to 9 pm. We hold a Club meeting on the first Wednesday of each month, an 8-Ball tournament on the second Wednesday of the month, and a 9-Ball tournament on the fourth Wednesday of the month.

The months in-house 8-Ball tournament saw returning player Gary Christie make it to the finals only to lose to John Johnson. Congratulations to John this month's 8-Ball champion and to Gary the 8-Ball runner up.

The months in-house 9-Ball tournament saw nine players competing. Jim Kelly came back from the loser bracket to defeat Larry Rice winning both the first match and second match to become this month's 9-Ball champion. Congratulations to Jim this month's 9-Ball champion and to Larry the 9-Ball runner up.

For off-site tournaments, note these

addresses: Solera Oak Valley (1615 Fairway Dr., Beaumont); Solera Diamond Valley (1645 Paseo Diamante, Hemet).

If you're new to the game or have played before, don't be shy stop by, pick up a stick and give us a try. Walk in and ask for Del, Larry, or any of the members playing. The 8-Ball Club is always looking for new members who would like to learn and play

pool to join us. There is a calendar of our events in The Lodge Billiards Room on the 8-Ball Club bulletin board.

If you have any questions, contact one of the officers: Captain Del Lyles, Sr. at (951) 267-1752 or Co-Captain Larry Rice at (951) 236-1156. If no one answers, just leave a message and one of us will get back to you.

~ **Larry Rice**



Jim Kelly, 9-Ball Champ



8-Ball Champ John Johnson (left), with Gary Christie, 8-Ball Runner Up

CURLY CUES BILLIARDS

We are always looking for new players and welcome any ladies at any level of playing skill. We play on Mondays from 11 am until 1 pm in the Billiards Room. Come on down and start your Mondays with a fun group of ladies enjoying the game and the easy camaraderie. You don't need to be an expert pool player in order to enjoy our group of ladies.

For more information, contact Barbara Morton at (559) 269-0908 or barb93720@yahoo.com. ~ **Barbara Morton**

BILLIARDS FOR FUN

Our next quarterly tournament will be coming up in June. To qualify for tournament play you need to have played three times in the quarter. Anyone interested in playing with our fun group can join us on Tuesdays. The first session is 11 am to 1 pm. The second session is 1 to 3 pm. We welcome and look forward to seeing you! ~ **Paul Snyder, (909) 214-9464**

WILD BUNCH BILLIARDS

The Wild Bunch is in full swing and looking forward to having those who are serious and competitive billiards players join us. We enjoy playing 8-Ball, Scotch Doubles, and 9-Ball.

The Wild Bunch consists of some of the best players in the league, and we are always looking for great competition. Some of these players are Joe Spinella, Bob Rector, Mike Corbett, Paul Snyder, Mike Fisher, Scott Frymire, Dave Martin, Gary Condurucci, Verina Rector, and Gracy Luna.

If you want to play serious, competitive pool, we invite you to come by the Billiards Room Friday afternoons from 12:30 to 3:30 pm and

join in the stimulation of competitive play. We invite Sun Lakes and Solera to join us, and they bring their best game for some exciting competition. Looking forward to seeing you! ~ **Gracy Luna, gracyluna@aol.com, (951) 292-3624**



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SHUFFLEBOARD

June had some unusually cool weather but July should provide us with our usual hot summer weather. As you are reading this in July, there is a very good chance that we have changed the starting time of this activity to 8 am on Mondays and Saturdays to help avoid the heat. A great way to start getting some fresh air, exercise, and socialization is to come out and play shuffleboard. We play at the new shuffleboard courts at The Lodge, which are located behind the swimming pool and next to the paddle tennis courts. We now enjoy our own quiet and somewhat shaded area in which to play.

Shuffleboard is an easy game to learn and anyone can quickly become proficient at this game. Our games usually last about an

hour and we choose up different teams each time we play. This allows us to keep the competition challenging and the games interesting. We play for fun, but, of course, everyone likes to win. We have no losers, only non-winners. We have a great core group of residents who play regularly, but we are always looking for new players. So if anyone is interested in joining a fun activity, please just show up on a Monday and/or Saturday morning. We will give you an introduction to shuffleboard if you have never played before, or a refresher if you have played before. If you have any questions or concerns, please contact me. ~ *Marty Rotman, (310) 948-1693, mrtmj@aol.com*

E-BIKE CLUB

As you probably know, these articles for the *Breeze* are due the sixth of the month before the *Breeze* is published. As I write this article on the evening of May 31 for the July *Breeze*, I realize that tomorrow is the first Thursday of June. The day of the e-Bike ride and rain is guaranteed.

It's been months since we have had good weather on the e-Bike ride day. However, I refuse to give up. If you are an e-Bike member and just want to go for a ride, send a text to the members and suggest a time and place to meet. If the weather won't cooperate, we will just work around it.

Not a member? Want to find someone to ride with? Join our group. Email me at cooleyaudit@gmail.com or our membership record keeper Mikelyn Bridges at mnb82051@yahoo.com and we will add you to our member list and see that you get our e-mails and texts.

While we intend to ride the first Thursday of July, meeting on July 6, I expect it to be cold, raining or both. We meet at 11:30 am at The Summit. For more information or to join, please email me or call (801) 815-5302. ~ *Steve Cooley*





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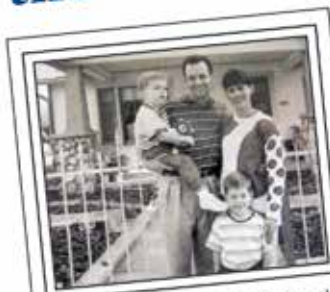
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SRES



4X4 SEASONS

Our 4x4 Seasons group took advantage of the fact that the U.S. Forest Service opened many of the mountain roads during May. With the record rain and snowfall last winter, the USFS had closed just about all back country roads and trails in our local mountains.

Thursday's run took us up into the San Jacinto National Forest where we caught a round trip loop behind the Vista Grande Fire Station. The scenery is beautifully green and lush, the creeks and streams are running and the views spectacular. We had a great morning on the trail and then finished our day at The Red Kettle in Idyllwild for lunch. If this looks enjoyable to you, please join us at one of our meetings or runs. We meet in the RCN Conference Room on the second Tuesday each month at 6:30 pm and plan a day run for the following Thursday. For information, contact Brian Fusilier, (909) 215-2778 bfusilier@verizon.net or Scott Snyder, (562) 714-7252, scottdonaldsnyder@gmail.com. ~ **Brian Fusilier**



Above: Our group driving through a patch of Oak Trees and a small creek in the San Jacinto Mountains. The trails are 4S05 & 4S06 they offer amazing views of our National Forest and of the San Jacinto Valley.

On the left is Brian Fusilier leading the group and Doug Pearson, right, in the red Rubicon enjoying the beautiful day.

LADIES PUTTERS

Hi ladies! Our Ladies Putting Group is back in full swing. Come and try this low impact sport. Just nine holes to play on a Monday at 4 pm and two rounds of nine holes on a Friday at 9 am. You can choose to play one or both days. We use scorecards to make it a little interesting and fun, it takes around 45 minutes. A hole in one will win you a free golf ball, if you don't have a putter, we have extra. For those of you sitting on the fence let us help you get started!

Two new ladies joined us this week, Bonnie Makela and Mona Swinehart, pictured at right.

Bonnie moved to Four Seasons in 2017 and Mona in 2015. They have been friends for 45 years, went to nursing school together, and both retired from the City of Hope. They both love our community and have been involved in many activities here. They look forward to improving their putting skills.

If you have questions please feel that you can call Bonnie Brown at (951) 337-0833 or Elaine Brown at (626) 589-9791.

See you at The Courts. The course is behind the gym and pool. ~ **Susan Wilson**



Bonnie Makela and Mona Swinehart

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MOTORCYCLE CLUB

In last month's *Breeze*, we reported on our central California trip. Actually, we only reported on day one due to the *Breeze* article submission deadline. Well I am happy to say now that days two, three, and four were pretty much perfect, as motorcycle rides go.

We started out on day two from Kernville on our way to San Simeon. Terry Humble led the way, followed by Jim Ayala, Joe Bert, Scott Snyder, and Bonnie Pollett. Except for Jim forgetting to refuel in Kernville (in Jim's feeble defense, everyone else filled up the night before and no one told him), all went very well. About half way to San Simeon Jim rolled into a gas station, nearly on fumes, and filled up. It was smooth sailing after that.

On day three, we headed down the coast on Highway 1 all the way to Jalama Beach for lunch, then we rolled into Solvang for the night.



Overlooking the ocean and checking out the elephant seals at San Simeon. L-R: Joe Bert, Jim Ayala, Janet Humble, Terry Humble, Bonnie Pollett, and Scott Snyder.

If you haven't been to Jalama Beach, you are really missing out. It's a beautiful 14-mile drive from Highway 1, just south of Lompoc. Once you get there, you will find a little café that serves up some really good food.

The last day of the ride always ends up having to get on some busy freeways. It just can't be avoided but we got pretty lucky on this ride. The only

congested freeway was Interstate 5 but, fortunately, we were on it for just a few miles from the 126 to the 14. Once on the 14, we headed for Pearblossom and got home via the 15. Traffic was fairly light and all those car and truck drivers behaved themselves. Any time you get home from a multi-day motorcycle ride and reflect that we couldn't have had better weather, camaraderie, and scenery, well, you just have to tell yourself that life is good. . ~ *Jim Ayala*



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TOPS

“Beyond,” or “Impossible” or “Incognito” are the latest crops of plant-based meats. But the companies that are producing plant-based foods aren’t just courting vegetarians. A plant-rich diet can help curb the greenhouse gases that fuel climate change... and that’s good for everyone’s health.

When choosing a meat replacement, several groups give guidelines, suggestions, and ratings for this type of new food. First, we need to pay attention to the protein content. It’s important to choose plant meat with at least 10 grams of protein per serving.

Second, watch out for newer plant foods drenched in coconut or palm oils. Both are saturated fats. Look instead for healthy unsaturated fats like sunflower and canola oils. Of course, salt is often used to flavor the new tasty choices. But it is hard to make a



tasty plant-based meat without some salt.

People with allergies need to read labels carefully. Many new products are wheat based which is a “no no” for those folks avoiding gluten. Warning! All suggested meat replacements are going to cost more than actual meat products, but the cost is coming down. To find best choices go online to a vegetarian or vegan site. They have lists of the best ones according to their surveys. Paying attention to eating can help us lose weight and certainly help us make healthier choices.

You may find that a group like TOPS (Take Off Pounds Sensibly) can help you as well. We meet on Tuesday at 8:30 am in the Ballroom. For more information, call Andi Henderson (918) 497-6491. ~ **Andi Henderson**

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DOMINOES

We have a tie for the month of May. Reggie Fuqua and Pete Antoine (at right), who are both great players, tied. We hope they continue with their winning streak. Congratulations Reggie and Pete. We play every Wednesday and Friday from 6 to 9 pm in the Game Room. For more information, contact Reggie Fuqua at (951) 843-3594 or Jesse Dimmer at (951) 670-2035. ~ **Wondell Collins**



RUMMIKUB

Do you miss playing your favorite tile game, Rummikub? We sure miss seeing friends and making new ones while playing this fun, fast-paced game.

We play in the Game Room at The Lodge on Mondays from 2 to 4 pm. We welcome pros and newcomers alike and are always happy to teach the game to anyone who is interested. So come out and meet your neighbors and have a great time.

If you have any questions, I can be reached at retiredatlast@outlook.com. ~ **Caryn McSweeney**

HEARTS

We play hearts every Tuesday at 6 pm in The Lodge Game Room. We welcome new players. If you don't know how to play, we'll be happy to teach you. Seating is done by random card draw. Try your luck at getting all the hearts plus the queen of spades. That takes 26 points off of your score, or if you choose, adds 26 points to all the other players at the table. The jack of diamonds takes 10 points off of your score. Lowest score wins. It is lots of fun and we look forward to seeing you on Tuesday evenings. ~ **Lynette Smilac**, smilac1954@gmail.com

DUPLICATE BRIDGE GROUP

We have not had much success in reviving Duplicate Bridge here at Four Seasons this year, but we'll make another try this month. Our sessions are scheduled for the second Saturday of the month in the RCN Main Room, provided there is sufficient interest. Invitations are extended to those on the mailing list, so if you'd like to play in a friendly environment, please contact me at kafreyer@frontier.com. ~ **Kirk Freyermuth**

BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of bridge, come join us on Wednesdays from 12 until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verona Rector at (951) 769-1687. ~ **Lois L. Butler**

PINOCHLE FOR FUN

Whether you are a new or experienced player, we will help you enjoy the game. We meet in the RCN Room #1 every Monday, Wednesday, and Friday from 9 am to noon. If you have any questions, don't hesitate to contact either Karen Farmer at (951) 313-6149 or Floyd Reid at (951) 317-3127. ~ **Karen Farmer**

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or at a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**

PHASE 10

We hope to see more fun loving card players to join us in The Lodge Game Room on Tuesday, July 11 and Tuesday, July 25 from 2 to 4 pm.

There have been the usual faithfuls but would love to see more join us to play this fun game. Snacks are provided.

Our goal is to complete the 10 phases that are established for the game one round at a time. These phases include 'sets' of cards (all the same number) and 'runs' (cards in a sequence). There are also Wild cards and Skip cards during play.

If you have any questions, please contact Marianne Bugni at (920) 517-2739 or email lamarib77@gmail.com. ~ **Marianne Bugni**

MAH JONGG

Hello all! We are now playing Mah Jongg in the RCN Main Room every Friday morning from 10 am to noon. I hope you can join us. The great part is that you do not have to commit to every Friday.

If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players.

If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**

CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays in the RCN Main Room from 12:45 to 4 pm. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ *Pam Morales, pamelamorales26@gmail.com*

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of rummy, players meld using runs and sets of at least three cards. The first player to lay all cards down receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to Kings. The lowest score wins. Not a lot

of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want to be put on the group email list, contact Simone at simone@bissada.net. ~ *Simone Bissada*

BUNCO

Looking for a way to meet new friends? Join us on Fridays from 1 to 3 pm for Bunco. On the first and third Fridays, we play regular Bunco in the RCN. On the second, fourth, and fifth Fridays, we play Wacky Bunco in the Game Room at The Lodge. We've added a few twists to the scoring to keep you on your toes!

Everyone is welcome! If you have any questions, contact Linda Supernaw at supernaw4@sbcglobal.net or Cheryl Diego at kinderbear@msn.com. ~ *Cheryl Diego*

UPTOWN DIVAS BID WHIST

Uptown Divas Bid Whist Group meets on the first and third Fridays of every month from 2 to 4 pm in The Lodge Game Room. ~ *Deborah Garner, kenyakiki@aol.com*

CO-ED BID WHIST

Hey everyone! Frank Turner is my name and playing Bid Whist is my game. I love this game and thought I'd share this bit of history on Bid Whist that I found on Google.

"The game originated in Turkey and was brought to the United States by slave traders from Europe. At that time, slaves were forbidden to learn to read and write. However, slave owners allowed card games like Bid Whist to be taught because they believed it could strengthen the math skills slaves would need to track cotton barrels and crops. After slavery ended, Bid Whist continued to gain popularity and became a favorite among African-American porters and waiters who worked cross country on train lines. As a result, Bid Whist terms such as "running a Boston" and "going all the way" became part of the game's lexicon."

Bid Whist is a variation to the original game of Whist and it involves strategy, card counting, and careful communication with a partner. It is similar in play to Bridge and Spades. So, tell me ... how would you bid and play these hands? I invite you to come out and share your responses and play with us!

The Co-Ed Bid Whist group meets on Tuesdays from 6 to 8:30 pm in the RCN Building, Activity Room 3. We offer a satisfying game environment filled with skill, good cheer, good natured 'trash talking'

and some great music. Win or lose, you will have a lot of fun and meet some great folks while playing Bid Whist. New players, whether new to the game or veterans, are always welcome! We look forward to seeing you at the tables.

For more information, contact Frank Turner at (562) 922-9737. ~ *Frank Turner*



Frank Turner holding a winning hand



Stan Freeman holding a winning hand

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LAST MONTH'S JOKE

Mack's Dog Bridal Photos

Is your dog getting married? Let Mack capture the magic day!

Weddings are beautiful events and you should trust the best when it comes to photos. A wedding album is included with any package valued at \$3,500 and above. We serve all makes and models of dogs except for Lhasa Apsos, who are total divas.



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YOUR COMMENTS

I just love the bird photos, especially that horned owl — he's beautiful. Thank you! Linda K.

So funny and cute! When I first saw it, I said “what the heck?” Laughing out loud! Linda L.

This had to be a joke — who wouldn't offer services to a Lhasa Apsos? They are the sweetest little things. Karen M.

We have so many beautiful locations for the shoot, I wouldn't be able to decide! Tina C.

Actually a good idea for dog lovers... a bit expensive though. Linda C.

These nuptial photos are so “doggone” professional and cute! Marty R.

Our dog Kelsey has a tux ready for his photos. Dan H.

THIS MONTH'S WINNER:

SALLY WHITE

I got the joke!

Resident's Name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the Breeze, or whatever's on your mind!): _____

5	1	7	6	2	3	9	4	8
2	8	3	4	9	5	6	1	7
9	4	6	1	7	8	2	3	5
6	9	5	7	1	4	8	2	3
7	2	8	5	3	9	1	6	4
4	3	1	8	6	2	5	7	9
1	5	9	3	4	6	7	8	2
8	6	4	2	5	7	3	9	1
3	7	2	9	8	1	4	5	6

EASY

6	8	1	2	5	7	9	3	4
2	3	9	4	6	1	5	8	7
7	4	5	8	9	3	6	2	1
8	5	2	7	3	6	4	1	9
3	7	4	1	2	9	8	5	6
1	9	6	5	4	8	3	7	2
5	2	8	6	1	4	7	9	3
4	1	3	9	7	5	2	6	8
9	6	7	3	8	2	1	4	5

MEDIUM

7	9	8	2	6	4	5	1	3
4	1	3	7	8	5	6	2	9
2	5	6	9	1	3	4	7	8
1	4	9	8	7	2	3	5	6
3	7	5	1	9	6	2	8	4
6	8	2	3	5	4	7	9	1
9	2	4	5	3	1	8	6	7
5	6	1	4	8	7	9	3	2
8	3	7	6	2	9	1	4	5

HARD

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Immediate family only may place the notice. Photos are optional. Limit the remembrance to 400 words and send it to FourSeasonsNews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.

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On the Breeze

Photos Wanted

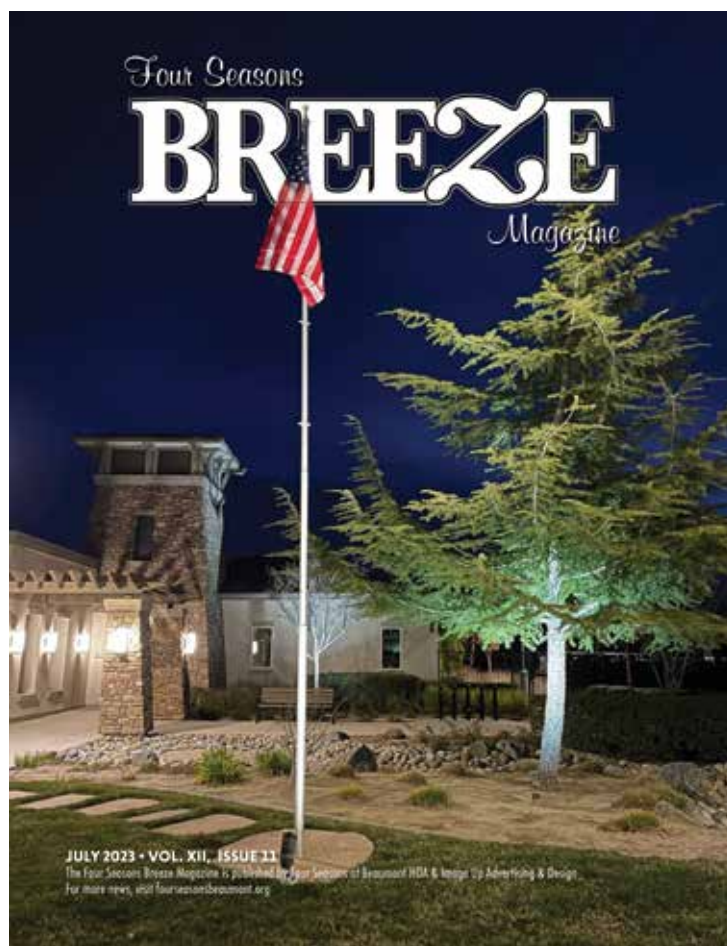
If you want to submit a photo for the cover of the *Breeze*, follow these guidelines:

- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

Submission Guidelines

The *Breeze* Communications Board requires all committees, clubs, and groups to submit their article ***no later than 12 noon on the sixth of each month***. Maximum article length is 400 words and maximum number of photos per club/group is three. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include the committee, club, or group name; writer's contact information; and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. NO COLLAGES. Photos and articles will be printed at the discretion of the Communications Board.



COVER PHOTO

Photo by Rob Kelman

To Advertise in the Breeze

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